# CLIENT BILL OF RIGHTS AND RESPONSIBILITIES

Individuals who access the services of the Alzheimer Society have the right to the following:

- I. To be treated with dignity, courtesy, and respect, and in a manner that promotes the person's autonomy and respects the person's individuality.
- 2. To expect that the Society will offer services that are flexible, responsive to client needs, and delivered free of any discrimination.
- 3. To expect to receive the most current information about dementia and appropriate community services.
- 4. To have personal information kept confidential in accordance with privacy legislation.
- 5. To access information contained in their files according to Society policy.
- 6. To service free of mental, physical, emotional, sexual, or financial abuse.
- 7. To refuse service when they have been informed of and understand the effects of refusing service.
- 8. To be informed of the laws, rules, and policies that affect the service provision.
- 9. To raise concerns or recommend changes about the service provided without fear of reprisal.
- 10. To participate in making care decisions and to provide meaningful input into the way the service is provided.
- 11. To be informed in a timely manner of changes to the service plan or discharge from service.
- 12. To request service in the language of one's choice, recognizing that the Society may not always be in a position to provide service in the language of choice.

Individuals who access the service of the Alzheimer Society also have the following responsibilities:

- I. To treat the service provider with dignity, courtesy, and respect.
- 2. To maintain a safe working environment.
- 3. To refrain from subjecting the service provider to any form of abuse. This also applied to family members.
- 4. To inform the service provider in a timely manner when a change in service is requested, or when the service is no longer required.
- 5. To disclose to the service provider all relevant information which would affect the safe delivery of service.
- 6. To make every effort to improve communication by providing the services of a translator (family member or friend) when the Society is unable to provide service in the language of choice and the client cannot make his/her preferences known in either official language.
- 7. To be available to discuss the service plan.

### Main Office:

341 Trunk Rd., Sault Ste. Marie, ON P6A 3S9 705-942-2195

### East Algoma Office:

100 Manitoba Rd., Elliot Lake, ON P5A 3TI 705-848-8145

# North Algoma Office:

37 Broadway Ave., Wawa, ON POS IKO 705-856-0000

info@alzheimeralgoma.org www.alzheimer.ca/algoma

Sault Ste. Marie Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.



# Recreation Therapy Program



#### RECREATION THERAPY PROGRAM

# Q. How can the Recreation Therapy program help me?

A. Appropriate recreational activities are integral to improving/optimizing the quality of life for people with Alzheimer's disease and related dementias. They provide stimulation and enjoyment and can boost physical and mental well-being. If you are living with dementia, brain-healthy activities such as socialization and physical activity may even help slow the progression of the disease.

## Q. How does the program work?

A. The Recreation Therapist will work with you and your family member(s) to provide a flexible, client-focused treatment program. Treatment plans will be developed and will reflect appropriate activities for your individual situation. The Recreation Therapist will visit you in your own home, generally once per week, and will help you to pursue your recreational and leisure interests.

### Q. How much does the service cost?

**A.** There is no cost for the Recreation Therapy program. Thanks to the generosity of individuals and businesses in our community, program costs are covered through donations and fundraising events.

# Q. Should I wait until later in the disease to access the program?

**A.** No. In fact, the earlier you come to see us, the more you will benefit from the program. Additionally, because there is a lengthy waiting list for the program, it's best to have your name on the list as early as possible.

### Q. How long will I be eligible for the program?

**A.** Recreation Therapy is available to you as long as you are living at home and continue to benefit from the program. If you are in hospital for an extended period, or if you move to a long-term care home, you will be discharged from the program.

# Q. What happens if I am not home for the visit?

**A.** Due to lengthy wait lists for the program, we need to ensure that those who are on the program are making optimal use of it. If you have three missed visits in which you are not home and have not notified the office, you will be discharged from the program.

### Q. Will my information be kept confidential?

A. Yes. The Alzheimer Society's privacy policy states that we collect and record only that information which is necessary to provide you with appropriate services. This information is not shared with anyone else unless you give your permission. Additionally, the information collected about you to provide you with service will not be used for any other reason (e.g., fundraising) by the Society.

### Q. How do I provide feedback to the Society?

A. The Alzheimer Society welcomes all comments, both positive and negative, about the service we provide. All programs have an evaluation component, and so it is quite likely that you will be asked to complete a satisfaction survey at some point during your association with us. You may also address any verbal or written complaints to the Executive Director who will investigate your concern and advise you of the outcome. The Society also has an appeal process, whereby you can discuss your concern with the President of the Board of Directors if it is not resolved to your satisfaction.

#### **ABOUT THE ALZHEIMER SOCIETY**

The Alzheimer Society is a non-profit charitable organization that was formed in 1985 to meet the needs of people with Alzheimer's disease and related dementias and their families in Sault Ste. Marie and Algoma District. It is governed by a volunteer Board of Directors and is affiliated with the provincial and national Alzheimer Society organizations.

#### **MISSION STATEMENT**

To improve the quality of life for people with Alzheimer's disease and related dementias and to provide support for their caregivers.

### **PROGRAMS & SERVICES**

- Support and education for persons with dementia and/or their family members
- Learning Series
- Peer support
- In-home Recreation Therapy
- Volunteer visiting
- Safely Home® registry
- Customized education sessions and workshops
- Lending library
- First Link® direct referral program