

Alzheimer Society

HURON COUNTY



ANNUAL REPORT

APRIL 1, 2020 - MARCH 31, 2021

REPORT FROM THE PRESIDENT

As I reflect on this past year, I am reminded of how important connections are in our daily lives and in the work that we do. Brene Brown defines connections as “the energy that exists between people when they feel seen, heard and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship.” It has been a challenge to maintain connections during a pandemic and yet the Huron Alzheimer Society has made it happen!

These important connections have continued due to the unwavering dedication and commitment that Cathy and her staff have to their clients and caregivers. It might have been virtually, but this did not slow them down! Not only have they connected with clients but they have created fun, creative activities on Zoom that have allowed client to client connections as well.

Our board members have continued our work through board and committee meetings, participating in fundraising activities and attending virtual workshops to enhance our learning. We have tried to build on our connections with each other, Cathy, the staff and our community. We have a very strong team who are fully committed to the work of the Huron Alzheimer Society.

I am so honoured to have had the opportunity to be the president of the board of the Huron Alzheimer Society. I have been able to work with an incredible group of people from board members, staff, volunteers and community members. Cathy has guided me with patience, care, understanding and knowledge. I am overwhelmed with the dedication and energy that our board members and staff bring to their role each and every day. We are so blessed to live in a community that connects with us, supports our work and rises to the occasion every time that we reach out to them. Heartfelt thanks for your support!

In the words of Mister Rogers “If only you could sense how important you are to the lives of those you meet; how important you can be to people you may never even dream of. There is something of yourself that you leave at every meeting with another person.”



A handwritten signature in green ink that reads "Deb Scholl".

Board President

Board of Directors

Deb Scholl	President	Lynne Godkin	Board Member
Nancy Walker	Vice-President	Megan Howe	Board Member
Philip McMillan	Past President	Jessica Lunshof	Board Member
Joanne Trahan	Secretary/Treasurer	Norman Pickell	Board Member
Ann Brabender	Board Member	Brian Taylor	Board Member
Steve Cook	Board Member		

REPORT FROM THE EXECUTIVE DIRECTOR

As I look back on this challenging year, I am struck by the realization that the Society had, by all firsthand accounts, an exceptional year. The pandemic has certainly been a game changer on many fronts, however; we have grown in our understanding and implementation of technology and in our resilience as we changed our course of direction multiple times over the year. A review of our key metrics indicates that we maintained our relevance and provided quality programs and services to the more than 620 registered clients throughout the year.

In November of 2020, the Board of Directors decided to begin a conversation with the Alzheimer Society of Perth County to explore the benefits of unification. In January 2021, the board decided to enter Phase I of the unification discussion.

For many years, the Alzheimer Societies of Huron and Perth have worked together to provide great services for people living with a dementia and their care partners. Over the coming months, we will be conducting a detailed analyses to determine whether becoming one Society will be a better way to serve our Huron and Perth communities.

We had the opportunity to embark on a pilot project that delivers In-Home Recreation programs. I am excited to welcome Marsha Taylor, In-Home Recreation Coordinator to our team. This program

provides a personalized In-Home Recreation program for persons with a dementia and gives the care partner a short time of respite.

If you glance at our yearend infographic, you will see that our programs and services have been maintained and, in some areas, grown. Which is again remarkable in this pandemic year that we were able to continue to provide valuable support to our clients, community partners, professionals, and the general public.

I am particularly proud of our Alzheimer Huron team who worked remotely for months with resolve and innovation to develop and deliver programs in ways never imagined before. With constant uncertainty and frequent changes our staff stayed the course and continued to put our clients first - Truly Extraordinary.

This past year we have also seen our heroes in action who have inspired and continue to drive us. Heroes like our clients and our care partners whose resilience has shone through. Our board of directors who continue to give strong leadership and guidance. Our dedicated volunteers who supported us with their time and efforts. The support from the numerous donors and sponsors that live in our communities who, while dealing with their own trials have been there for us providing funds needed to continue our work.

In closing, the challenges we faced have made us stronger, we have gained new knowledge, connections and increased our bandwidth in service delivery. It may look a little different, but our programs and services continue and succeed.



Cathy Ritsema

Cathy Ritsema, CHE
Executive Director

Staff

Cathy Ritsema	Executive Director
Karla Crocker	Office/Volunteer Coordinator
Jennifer Burns	First Link/Support Services Coordinator
Jeanette Sears	Public Education Coordinator
Erin Dale	Events/Community Outreach Coordinator
Danielle VanWyk	BSO/Family Support Counsellor

Randy Chapman	Family Support Counsellor
Brianne Maver-Turgeon	Minds in Motion Coordinator
Sydney Jarvis	First Link Care Navigator
Tania Mulligan	First Link Care Navigator
Marsha Taylor	In Home Recreation Coordinator
Nicole Millar	Summer Student

WHAT WE OFFER

FIRST LINK CORE SUPPORT SERVICES for OUR CLIENTS

Persons With Dementia (PWD), Caregivers (CG) and Family

INDIVIDUAL SUPPORT

PROVIDING:

- Navigation of community resources
- Increased knowledge of Alzheimer's disease and other dementias
- Establishment of better support networks
- Emotional validation
- Decrease in dementia stigma

LEARNING SERIES

PROVIDING:

- Increased knowledge of Alzheimer's disease and other dementias
- Opportunities to express emotions and to be heard
- Connection with shared experience and peer support
- Increased awareness and connection to community

SUPPORT GROUPS

PROVIDING:

- Shared peer connections and learning
- Emotional validation
- Increased knowledge of Alzheimer's disease and other dementias
- Increased socialization
- Better self-perceived quality of life
- Circle of Friends Program

ADDITIONAL KEY SUPPORT PROGRAMS SOCIAL RECREATION & VOLUNTEER COMPANION

Providing opportunities for socialization, intellectual stimulation and engagement for the Person with Dementia and periods of respite for the Caregiver.

New Programs include In-Home Recreation and Various Virtual and Porch Drop-Off Programs

MILD COGNITIVE IMPAIRMENT:

LEARNING THE ROPES

For older adults diagnosed with MCI with outcomes of improved cognitive health

PUBLIC EDUCATION

MEMORY & AGING

Provides access to the latest dementia-based education

VOLUNTEER COMPANION AND IN-HOME RECREATION

251 VISITS

Alzheimer Society
HURON COUNTY

SERVED

620 PEOPLE

CAREGIVER **378** PERSON WITH DEMENTIA **242**

NON-REGISTERED

Includes STUDENTS, PROFESSIONALS and GENERAL PUBLIC

2564
PEOPLE

5855

TOTAL SOCIETY
CONTACTS with
REGISTERED
CLIENTS

INDIVIDUAL
SUPPORT **3008**
CAREGIVER
1000
PERSON WITH
DEMENTIA

CLIENT SUPPORT AND EDUCATION GROUPS

97
SESSIONS

440
PARTICIPANTS

CAREGIVER
PERSON WITH
DEMENTIA

30
SESSIONS

140
PARTICIPANTS

SUPPORT SERVICE
DELIVERY
APR. 1, 2020 - MAR. 31, 2021

PUBLIC EDUCATION

87
SESSIONS

756
PARTICIPANTS

MINDS IN MOTION

11 SESSIONS **206** PARTICIPANTS
12 VOLUNTEERS

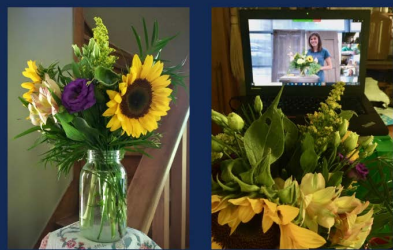
SOCIAL RECREATION

508
ACTIVITIES
PROVIDED

289
PARTICIPANTS

HIGHLIGHTS FROM 2020 - 2021

MASON JAR BOUQUETS



Elmira Chicken Fundraiser

Supporting **Alzheimer Society**
HILTON COUNTY

[illegible]

<p>Payment for product is due in advance</p> <p>Please return Sell Sheet to program organizer by:</p> <p>Wednesday, October 28, 2020 - 4 pm</p> <p>Date _____</p> <p>Call/Email Order: Thursday, November 12</p>	<table border="0"> <tr> <td>3395000</td> <td>Boneless Chicken Breasts</td> <td>4096004</td> <td>Breaded Chicken Cakes</td> </tr> <tr> <td>3454000</td> <td>Unbreaded Chicken B. & Cheddar Grilles</td> <td>4096005</td> <td>Breaded Chicken Parmesan</td> </tr> <tr> <td>4218001</td> <td>FC Mild spicy breaded Chicken Wings</td> <td>4096006</td> <td></td> </tr> <tr> <td>4356001</td> <td>Tender Chicken Strips</td> <td>4096007</td> <td></td> </tr> <tr> <td>4392001</td> <td>Spicy Breaded Chicken Strips</td> <td>4201001</td> <td></td> </tr> <tr> <td>4394001</td> <td>Patty Crusted Breaded Chicken Burgers</td> <td>4304000</td> <td></td> </tr> <tr> <td>4395001</td> <td>Breaded Chicken Cordon</td> <td>4321000</td> <td></td> </tr> </table>	3395000	Boneless Chicken Breasts	4096004	Breaded Chicken Cakes	3454000	Unbreaded Chicken B. & Cheddar Grilles	4096005	Breaded Chicken Parmesan	4218001	FC Mild spicy breaded Chicken Wings	4096006		4356001	Tender Chicken Strips	4096007		4392001	Spicy Breaded Chicken Strips	4201001		4394001	Patty Crusted Breaded Chicken Burgers	4304000		4395001	Breaded Chicken Cordon	4321000	
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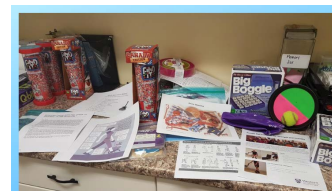
PUMPKIN PLANTERS OCTOBER 7, 2020



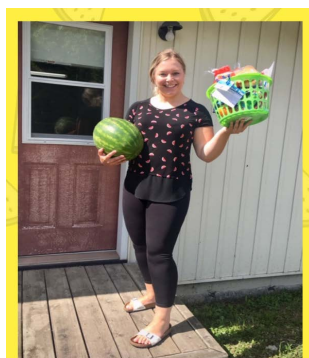
CHRISTMAS PLANTERS DECEMBER 2020



Radios programmed with individualized music



In Home Activity Kits Ongoing



Summer Picnic Kits August 2020



FORGET-ME-NOT POP UP SHOP

The weather is getting colder. Time to get a pair of Forget-Me-Not Socks to keep your feet warm!

Proceeds support people affected by Alzheimer's disease and other dementias

Sock
\$10

**Proceeds support people
affected by Alzheimer's
disease and other
dementias**



Ukulele Group Fall 2020



BEEF ON A BUN

273 meals served in Clinton, Goderich, Seaforth & Wingham \$2720 raised

Meal sponsored by: Emma Franken
Bananas sponsored by: Hearing Life

**MCDONALD'S
COFFEE DAY
\$3568.63**

McDonald's in Exeter, Goderich, and Wingham donated proceeds from McCafe beverages on September 21, World Alzheimer's Day



2020 Picture Project: Every Picture Makes a Memory

Capture a memory of 2020 with a front porch picture! Dianne Brandon and an ASHC Staff member will come to your house and capture some pictures of you on your front steps/porch/yard. There is also the option of coming to Sloman's Park in Clinton if you prefer an offsite location. Call the office at 519-482-1482 to book a timeslot.

South - Oct. 13 morning
East - Oct. 13 afternoon
Central - Oct. 14 - morning
Sloman's Park - Oct. 14 - afternoon
North - Oct. 15 - morning
West - Oct. 15 - afternoon

Alzheimer Society In partnership with **Dianne Brandon**
HURON COUNTY with PHOTOGRAPHY

CHRISTMAS CHEER MEAL DECEMBER 2020



The Alzheimer Huron elves delivered almost 250 Christmas Cheer Meals throughout Huron County

HOT TOPICS IN DEMENTIA CARE

PRESENTED ON ZOOM WITH GUEST SPEAKER
DR. ALEXANDREA PEEL, GERIATRICIAN
WEDNESDAY JANUARY 20, 2021
1:30 - 3:00 PM

- Role of the Geriatrician
- Assessment of cognitive impairment
- Medication management
- Driving assessment
- Other behavioural concerns
- Importance of supporting the caregiver

Register for free at

Register for free at
<http://bit.ly/HotTopicsInDementiaCare>

For More Information, Please Contact Your Local Alzheimer Society:

HOW PARTICIPANTS WALKED THEIR WAY IN 2020 FOR THE IG WEALTH MANAGEMENT WALK FOR ALZHEIMER'S



STATEMENT OF FINANCIAL POSITION

ALZHEIMER SOCIETY OF HURON COUNTY INC.

STATEMENT OF FINANCIAL POSITION

See Accompanying Notes to Financial Statements

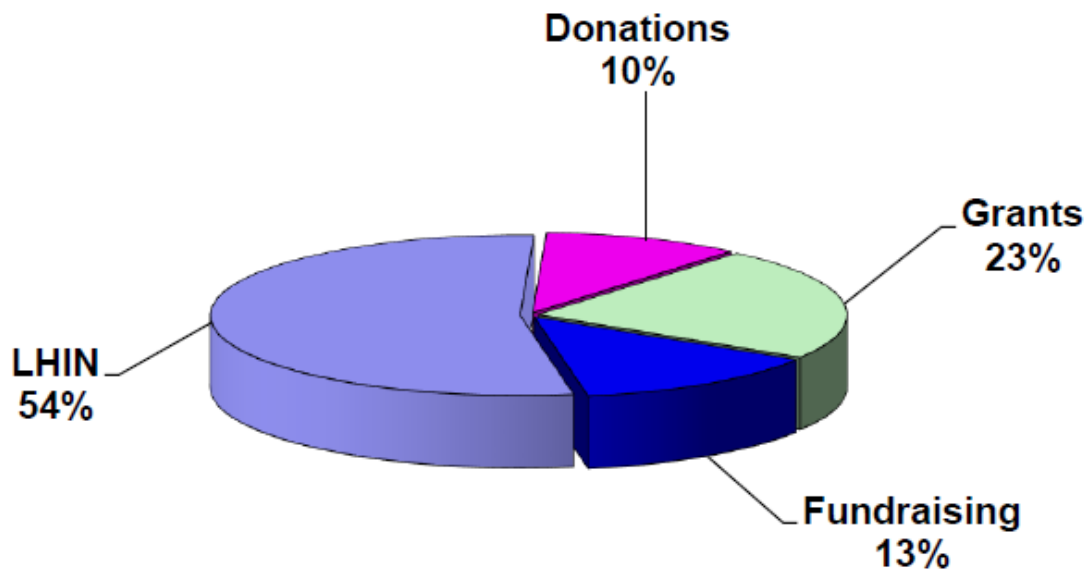
As at March 31	2021	2020
ASSETS		
Current assets		
Bank	139,068	90,623
Term deposit certificates (note 2)	205,006	200,033
Accounts receivable	12,032	3,723
Prepaid expenses	100	100
	<u>\$ 356,206</u>	<u>\$ 294,479</u>
LIABILITIES AND FUND SURPLUS		
Current liabilities		
Accounts payable and accrued liabilities	70,870	29,574
Deferred revenue	76,063	76,063
Deferred grants	21,016	61,267
	<u>167,949</u>	<u>166,904</u>
Fund surplus		
Net assets beginning of year	127,575	104,584
Surplus for year	60,682	22,991
	<u>188,257</u>	<u>127,575</u>
	<u>\$ 356,206</u>	<u>\$ 294,479</u>

On behalf of the board of directors:

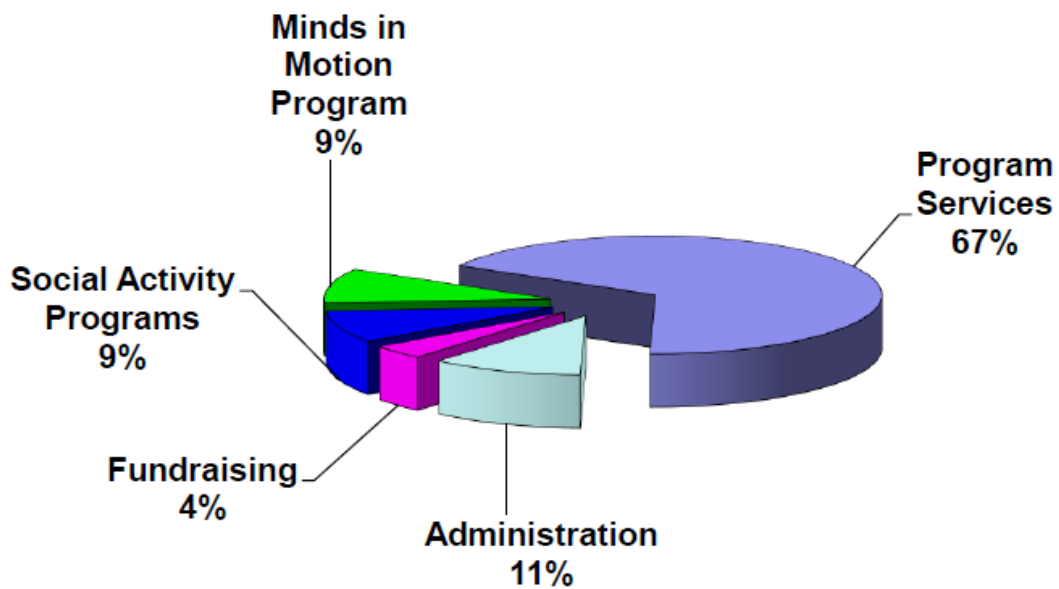
Deb Schell President May 27/21
Brian J. Fisher Treasurer May 27/21

The full Audited Financial Statement is available by request.
Please contact the Alzheimer Society of Huron County.

2020-21 Revenues by Percentage



2020-21 Expenses by Percentage



Help for Today. *Hope for Tomorrow...*®

OUR MISSION

To alleviate the personal and social consequences of Alzheimer's disease and related disorders and to promote research

OUR VISION

A world without Alzheimer's disease and related disorders

OUR VALUES

Collaboration

Accountability

Respect

Excellence

www.alzheimer.ca/huroncounty

NEW PROGRAM JAN. 2021



IN-HOME RECREATION PROGRAM

In-Home Recreation offers socialization and the option to engage in personalized recreation activities virtually, over the phone, or in person with a volunteer or staff member.

The In-Home Recreation Coordinator or a carefully selected volunteer will facilitate activities and provide social and cognitive stimulation to the client through ongoing weekly visits. This program also provides the option to empower care partners by introducing a variety of activities, educational opportunities and support in the comfort of their own home.

PLEASE NOTE: Clients must be registered and undergo a brief assessment with the In-Home Recreation Coordinator to determine appropriateness for program prior to participation. Contact your Support Counsellor or the Alzheimer Society office for more details.

Contact information

317 Huron Rd P.O. Box 639
Clinton, ON N0M 1L0
519-482-1482 / 1-800-561-5012
www.alzheimer.ca/huroncounty

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alzheimerhuron1



Alzheimer Huron



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Charitable registration number: 14068-5751-RR0001

