



Alzheimer *Society*

HURON COUNTY

ANNUAL REPORT



FOR THE YEAR ENDING MARCH 31, 2020

Report from the President

To say that this year has been exceptional would be an understatement! It has been a time of many “firsts” including new challenges, exciting endeavours and unforeseen events. Under the tireless and exemplary leadership of our director, Cathy Ritsema and the commitment and hard work of both staff and board members, many goals were met.

Our board of directors continued to review policies during the summer months as we prepared for the accreditation process which occurred in October. Cathy helped us to prepare by leading us through a mock interview. I am excited to report that The Huron Perth Prototype which consisted of seven health care providers was successful in being accredited by Accreditation Canada!

At the same time that the Huron Alzheimer Society was preparing for the Accreditation process, Cathy was attending meetings with other health care providers in order to prepare an application to become an Ontario Health Team. Cathy kept our board informed as the process moved forward with 61 partners to be successful in becoming an Ontario Health Team.

It is an honour to work with our board of directors! This talented group of people brings energy, dedication, commitment and caring to their role. These members attend workshops, participate in fundraising events, sit on various committees and come to each board meeting prepared and ready to participate. We are very grateful to the staff members who attend the beginning of our board meetings and lead us through an education session to better our understanding of their role.

This year we say goodbye to Philip McMillan as he leaves our board. His dedication to the Alzheimer Society of Huron County has been remarkable! He has served on the board for many years and for two terms as President. Philip, you have guided so many of us as we joined the board and we are grateful for your leadership. It has been an honour to work with you!

As we said farewell to a very busy 2019 and welcomed 2020, none of us could have predicted that we would be facing a pandemic! It is an unprecedented time that calls for patience, endurance, caring, understanding and new and creative ways of going about our lives and doing business. It is at a time like this when true leaders and team members guide us forward. We, in Huron County, are so fortunate to have Cathy Ritsema and her amazing staff working for us. They have explored innovative ways of reaching out to clients and their families with great success. Thank you!

I want to also thank the people of Huron County for your continued support and generosity. We reach out to you and you answer our call. Heartfelt thanks!



Deb Scholl
President

<i>Board of Directors</i>			
Deb Scholl	President	Lynne Godkin	Board Member
Ann Brabender	Vice-President	Megan Howe	Board Member
Philip McMillan	Past President	Jessica Lunshof	Board Member
Joanne Trahan	Secretary/Treasurer	Norman Pickell	Board Member
		Nancy Walker	Board Member

Report from the Executive Director

As we look back on an extraordinary year, one that was full of promise and change we have so much to be proud of. We began our year completing a three year strategic plan. We quickly geared up for the Ontario Health transformation and partnered with sixty agencies to become Ontario's first rural Ontario Health Team (Huron and Perth Area Ontario Health Team). Barely catching our breath, we fully engaged in the accreditation process by partnering with six (6) health care agencies to be the first prototype accreditation in Ontario. In October 2019, we successfully gained a 4 year accreditation with accommodation. We ended our fiscal year with the reality of a Pandemic.



At the end of March, we embraced innovation and creativity in order to deliver our programs and services. We have expanded our footprint in the virtual world and offer all of our programs, services and social recreation activities virtually. Through zoom sessions, facetime one on one supports, weekly e-newsletter, phone calls and Facebook, we are having an impact throughout the county and beyond.

I am particularly proud of our employee engagement levels. We have surpassed our targets and metrics in all our program areas and are so grateful to serve over 650 clients in this past fiscal. In a world where change is constant, we said farewell to Amber Riehl, Family Support Counsellor and Sydney Jarvis, First Link Care Navigator. We welcomed Tania Mulligan as our new First Link Care Navigator. Having a well-rounded team in the right roles is key to how we create more value for our clients.

We are proud to be working with a wide range of partners and individuals from our provincial family the Alzheimer Societies in Ontario (ASIO), Government, local healthcare and community agencies, local funders, businesses and individuals. They have been there along the way to help us grow, learn and expand our services.

Our success is our community's success. With the ongoing support of our donors, partners, Board and volunteers we are ready to turn our challenges into opportunities. In closing, it has certainly been a full year and we are extremely grateful for the accomplishments we have had and anticipate new achievements in the year ahead.

Sincerely,

Cathy Ritsema
Executive Director

A graphic with a background of white flowers and green leaves. The word "Staff" is written in a blue, cursive font at the top center. Below it is a list of staff members and their roles.

Cathy Ritsema	Executive Director	Danielle VanWyk	BSO/Family Support Counsellor
Karla Crocker	Office/Volunteer Coordinator	Randy Chapman	Family Support Counsellor
Jennifer Burns	First Link/Support Services Coordinator	Brianne Maver-Turgeon	Minds in Motion Coordinator
Jeanette Sears	Public Education Coordinator	Sydney Jarvis	First Link Care Navigator
Erin Dale	Events/Community Outreach Coordinator	Tania Mulligan	First Link Care Navigator
Amber Riehl	Family Support Counsellor	Nicole Millar	Summer Student

Program and Service Delivery 2019/2020

WHAT WE OFFER

FIRST LINK CORE SUPPORT SERVICES for OUR CLIENTS
Persons With Dementia (PWD), Caregivers (CG) and Family

INDIVIDUAL SUPPORT

PROVIDING:

- Navigation of community resources
- Increased knowledge of Alzheimer's disease and other dementias
- Establishment of better support networks
- Emotional validation
- Decrease in dementia stigma

LEARNING SERIES

PROVIDING:

- Increased knowledge of Alzheimer's disease and other dementias
- Opportunities to express emotions and to be heard
- Connection with shared experience and peer support
- Increased awareness and connection to community resources

SUPPORT GROUPS

PROVIDING:

- Shared peer connections and learning
- Emotional validation
- Increased knowledge of Alzheimer's disease and other dementias
- Increased socialization
- Better self-perceived quality of life
- Circle of Friends Program

ADDITIONAL KEY SUPPORT PROGRAMS

SOCIAL RECREATION & VOLUNTEER COMPANION

Providing opportunities for socialization, intellectual stimulation and engagement for the Person with Dementia and periods of respite for the Caregiver.

New Programs include Creative Wellness and Urban Pole Walking

MILD COGNITIVE IMPAIRMENT:

LEARNING THE ROPES

For older adults diagnosed with MCI with outcomes of improved cognitive health

PUBLIC EDUCATION MEMORY & AGING

Provides access to the latest dementia-based education

VOLUNTEER COMPANION

152 VISITS

Alzheimer Society
HURON COUNTY

SERVED

649 PEOPLE

389 CAREGIVER

260 PERSON WITH DEMENTIA

NON-REGISTERED
Includes STUDENTS,
PROFESSIONALS and
GENERAL PUBLIC

2078 PEOPLE

3946 CONTACTS with REGISTERED CLIENTS

2256 INDIVIDUAL SUPPORT CAREGIVER

421 PERSON WITH DEMENTIA

CLIENT SUPPORT AND EDUCATION GROUPS

109 CAREGIVER SESSIONS

729 PERSON WITH DEMENTIA PARTICIPANTS

70 SESSIONS

377 PARTICIPANTS

SUPPORT SERVICE DELIVERY 2019-2020

PUBLIC EDUCATION 120 SESSIONS

2169 PARTICIPANTS

MINDS IN MOTION 17 SESSIONS 124 PARTICIPANTS

25 VOLUNTEERS

SOCIAL RECREATION 2 NEW PROGRAMS

29 PARTICIPANTS

Highlights of 2019/2020



Minds in Motion and Creative Wellness

IG Wealth Management Walk for Alzheimer's
May 2019
Clinton, Exeter, Goderich, Grand Bend, and Wingham



Drive for Dementia
September 2019



Coffee Break
Fall 2019



Dementia 2019
Excellence in Research
Dr. Sharon Cohen



Chosen as the 2019 Charity of Choice by The Bluffs community

ALZHEIMER SOCIETY OF HURON COUNTY INC.

STATEMENT OF FINANCIAL POSITION

See Accompanying Notes to Financial Statements

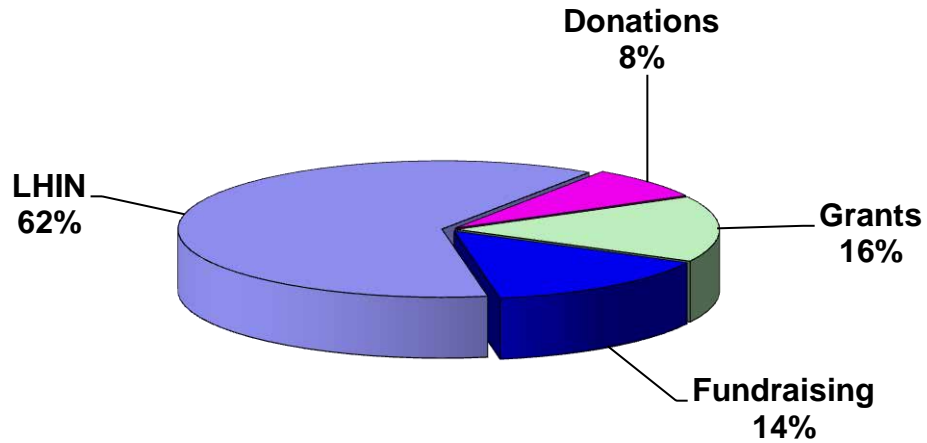
As at March 31	2020	2019
ASSETS		
Current assets		
Bank	90,623	50,628
Term deposit certificates (note 2)	200,033	171,219
Accounts receivable	3,723	3,062
Prepaid expenses	100	100
	<u>\$ 294,479</u>	<u>\$ 225,009</u>
 LIABILITIES AND FUND SURPLUS		
Current liabilities		
Accounts payable and accrued liabilities	29,574	24,974
Deferred revenue	76,063	95,451
Deferred grants	61,267	-
	<u>166,904</u>	<u>120,425</u>
 Fund surplus		
Net assets beginning of year	104,584	104,229
Surplus for year	22,991	355
	<u>127,575</u>	<u>104,584</u>
Net assets end of year	<u>\$ 294,479</u>	<u>\$ 225,009</u>

On behalf of the board of directors:

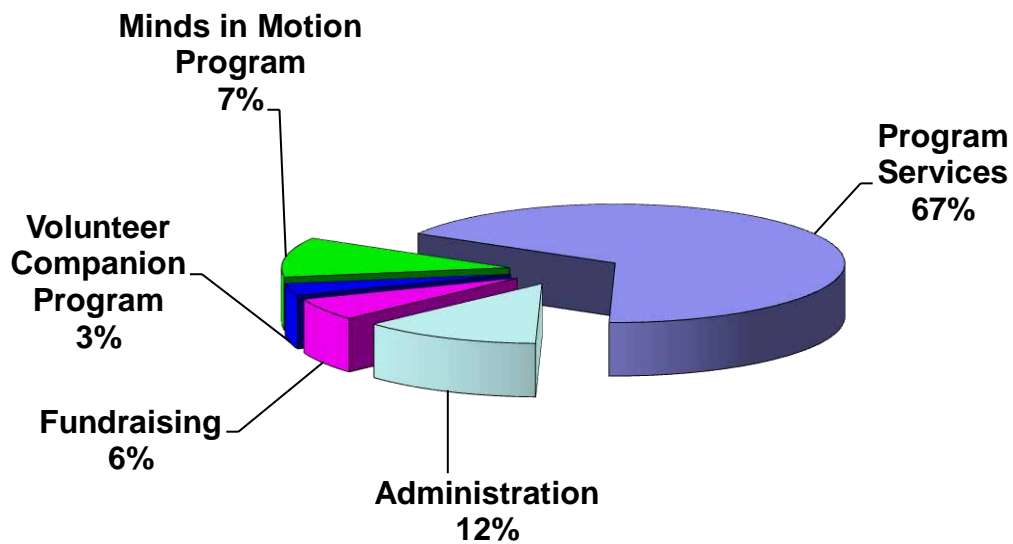
Joanne Teahan - Treasurer May 27/20
Deb Schell - President May 27/20

ALZHEIMER SOCIETY OF HURON COUNTY

2019-20 Revenues by Percentage



2019-20 Expenses by Percentage



**Alzheimer Society Huron County's
Annual General Meeting & Volunteer Appreciation
Maelstrom Winery June 2019**



**2019 Gandon Award Winners
MicroAge Basics and Rob Reid - McDonald's**

**Sherry Peet
accepting on
behalf of
MicroAge**

**Paula Gorman
accepting on
behalf of
Rob Reid**

OUR MISSION

To alleviate the personal and social consequences of Alzheimer's disease and related disorders and to promote research

OUR VISION

A world without Alzheimer's disease and related disorders

OUR VALUES

Collaboration
Accountability
Respect
Excellence



alzheimersocietyhuron



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Alzheimer Huron



alzheimersocietyhuroncounty