April 2022

ALZHEIMER'S SOCIETY OF KFL&A,400 Elliot Ave. Unit 4, Kingston, ON K7M 6M9, 613-544-3078

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 **Friendly Fridays Chit Chat 1:00** **email: Noreen Peters noreenpeters1957@gmail.com** All Fools' Day	2 Please email Noreen if you would like to participate in the Zoom Chit Chat Call and she will send you the link! Ramadan Begins
3 To join programs simply click on the program and you will be linked into zoom.	4	5 **Men's Peer Group 9:00 am** **Caregiver Cafe 1:30**	6 **Ladies Peer Support Group 9:00 am** **Caregiving in the Facility 10:00 am** **Circle Of Friends 1:30 pm**	7 **Minds in Motion 8 week Project Zoom link sent to Participants** **Musical Memories 2:00 pm** (Roger James)	8 **Armchair Travelogue** **Friendly Fridays Chit Chat 1:00**	9
10 Palm Sunday	11 **Musical Happy Hour with Max and Wayne 6:30**	12 **Men's Peer Group 9:00 am** **Caregiver Cafe 1:30** **Caregiver Evening Chat 7:00**	13 **Ladies Peer Support Group 9:00 am** **Circle Of Friends 1:30 pm**	14 **Minds in Motion 8 week Project Zoom link sent to Participants** **Musical Memories 2:00 pm** (Mari)	15 **GOOD FRIDAY OFFICE Is CLOSED** Good Friday Passover Begins	16
17 Easter Sunday	18 **EASTER MONDAY** **OFFICE IS CLOSED**	19 **Men's Peer Group 9:00 am** **Caregiver Cafe 1:30**	20 **Ladies Peer Support Group 9:00 am** **Circle Of Friends 1:30 pm**	21 **Minds in Motion 8 week Project Zoom link sent to Participants** **Men's Caregiver Group 10 am** **Musical Memories 2:00 pm** (Michael K Meyers)	22 **Armchair Travelogue** **Friendly Fridays Chit Chat 1:00** Earth Day	23
24 **LEGEND:** **BLUE: Caregiver Support Groups** **GREEN: Special Event** **RED: Groups for persons living with a diagnosis**	25 **Musical Happy Hour with Max and Wayne 6:30**	26 **Men's Peer Group 9:00 am** **Caregiver Cafe 1:30**	27 **Ladies Peer Support Group 9:00 am** **Circle Of Friends 1:30 pm**	28 **Minds in Motion 8 week Project Zoom link sent to Participants** **Musical Memories 2:00 pm** (Glenn Reid)	29 **Friendly Fridays Chit Chat 1:00** Arbor Day	30 **Save the Date! The Walk Wrap Up in Napanee at Conservation Park on May 28, 10:30am to 2:30pm.**