

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



To join the activities/register - click on the activity/event title

LABOUR DAY OFFICE CLOSED!
Labor Day
Rosh Hashanah Begins

Men's Peer Group 8:30 am
Minds in Motion 10am
Caregiver Cafe 1:30 pm

Caregiving in the Facility Caregiver Support Ladies Peer Support Group 9:00 am
Circle Of Friends 1:30 pm

Minds in Motion 10am
Musical Memories 2:00 pm
(Roger James)

Friendly Fridays at the Chit Chat 1:00
email: Noreen Peters noreenpeters@cogeco.ca

Armchair Travelogue 11:00 am
Friendly Fridays at the Chit Chat 1:00

Just a quick Note that our online groups start at the published time. You are welcome to log on earlier and we

Minds In Motion with Yoga 10:00 am
Musical Happy Hour with Max and Wayne 6:30

Men's Peer Group 8:30 am
Minds in Motion 10am
Caregiver Evening Chat 7:00
Caregiver Café 1:30 pm

Ladies Peer Support Group 9:00 am
Circle Of Friends 1:30 pm
Yom Kippur Begins

Minds in Motion 10am
Men's Caregiver Group 10 am
Musical Memories 2:00 pm
(Michael K. Myers)

Family Picnic at Finkle's Shore Park Just West of Bath 11:30 am. (Lunch Served at 12)

Please Note For the Picnic we will be providing a boxed lunch and beverages, we will also be practicing Social Distancing

A virtual waiting room for you to wait in. You will be let in by the facilitator for the start time of the program.

Minds In Motion with Yoga 10:00 am
MATINEE MOVIE 1:30 Paddington!
Sukkot Begins

Men's Peer Group 8:30 am
Minds in Motion 10am
Caregiver Café 1:30 pm

Ladies Peer Support Group 9:00 am
Circle Of Friends 1:30 pm
Autumn Begins

Minds in Motion 10am
Musical Memories 2:00 pm
(Jay Franco)

Armchair Travelogue 11:00am
Friendly Fridays at the Chit Chat 1:00

And complying with the covid protocols. So we have accommodated that to give folks time to come and register. We will be ready to receive folks at 11:30 with lunch at 12:00

LEGEND:
BLUE: Caregiver Support Groups
GREEN: Special Event
RED: Groups for persons living with a diagnosis

Minds In Motion with Yoga 10:00 am
Musical Happy Hour with Max and Wayne 6:30

Men's Peer Group 8:30 am
Minds in Motion 10am
Caregiver Cafe 1:30 pm
Simchat Torah Begins

Ladies Peer Support Group 9:00 am
Circle Of Friends 1:30 pm

NATIONAL DAY OF RECONCILIATION
Minds in Motion 10am
Musical Memories 2:00 pm
(Glenn Reid)

ALZHEIMER'S SOCIETY OF KFL&A,
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