

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Amherstview Foodland Community kickback - 10% of the sale of both charcoal and propane exchanges in August will be donated to the Society! 1	CIVIC HOLIDAY 2	<u>Men's Peer Group 8:30 am</u> <u>Minds in Motion 10am</u> <u>Caregiver Cafe 1:30 pm</u> 3	<u>Caregiving in the Facility Caregiver Support 10:00 am</u> <u>Ladies Peer Support Group 9:00 am</u> <u>Circle Of Friends 1:30 pm</u> 4	<u>Minds in Motion 10am</u> <u>Musical Memories 2:00 pm</u> (Jay Franco) 5	<u>Friendly Fridays at the Chit Chat 1:00</u> email: Noreen Peters noreenpeters@cogeco.ca 6	7
8	<u>Musical Happy Hour with Max and Wayne 6:30</u> Feel Free to have dinner and a SHOW! 9	<u>Men's Peer Group 8:30 am</u> <u>Minds in Motion 10am</u> <u>Caregiver Cafe 1:30 pm</u> <u>Caregiver Evening Chat 7:00 pm</u> 10	<u>Ladies Peer Support Group 9:00 am</u> <u>Circle Of Friends 1:30 pm</u> 11	<u>Minds in Motion 10am</u> <u>Musical Memories 2:00 pm</u> (Arnie Shaw and Lisa Prest and Co.) 12	<u>Armchair Travelogue</u> . <u>Friendly Fridays at the Chit Chat 1:00</u> 13	14
15	<u>Musical Happy Hour with Max and Wayne 6:30</u> Feel Free to have dinner and a SHOW! 16	<u>Men's Peer Group 8:30 am</u> <u>Minds in Motion 10am</u> <u>Caregiver Cafe 1:30 pm</u> 17	18	<u>Minds in Motion 10am</u> <u>Men's Caregiver Group 10 am</u> <u>Musical Memories 2:00 pm</u> (Michael K. Myers) 19	<u>Friendly Fridays at the Chit Chat 1:00</u> 20	Don't Forget to call the office to register for our Family Picnic Day on Friday Sept 17 th ! More info in your Newsletter 21
22	23	<u>Men's Peer Group 8:30 am</u> <u>Minds in Motion 10am</u> <u>Caregiver Cafe 1:30 pm</u> 24	<u>Ladies Peer Support Group 9:00 am</u> <u>Circle Of Friends 1:30 pm</u> 25	<u>Minds in Motion 10am</u> <u>Musical Memories 2:00 pm</u> (Glenn Reid) 26	<u>Armchair Travelogue</u> . <u>Friendly Fridays at the Chit Chat 1:00</u> 27	28
LEGEND: BLUE: Caregiver Support Groups GREEN: Special Event RED: Groups for persons living with a diagnosis 29	30	<u>Men's Peer Group 8:30 am (With Lisa)</u> <u>Minds in Motion 10am</u> <u>Caregiver Café 1:30 pm</u> 31	 <p style="text-align: center;"> August 2021 ALZHEIMER'S SOCIETY OF KFL&A, 400 Elliot Ave. Unit 4, Kingston, ON K7M 6M9, 613-544-3078 </p>			

To join the activities/register - click on the activity/event title