

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	NOTES
<p><i>Soci�t� Alzheimer Society</i></p> <p>KINGSTON, FRONTENAC, LENNOX & ADDINGTON</p>			<p>1</p> <p>Ladies Peer Group 10:00-11:30am</p>	<p>2</p> <p>Napanee Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Coffee Social Sip and Shuffle Cards 1:00-3:00pm</p>	<p>3</p> <p><i>Good Friday</i></p>	<p>4</p>	<p>OFFICE CLOSED Good Friday, April 3rd Easter Monday, April 6th No Groups or programs the week of April 7-11</p> <p>No More Silent Battles Movie Screening for Caregivers Q&A with Dr. Ingram</p> <ul style="list-style-type: none"> • Providence Village Auditorium • April 27, 2:00-4:30 pm • April 28, 6:30-9:00 pm <p>First Link® Learning Series for Caregivers Options for Care: April 9 – 23 Care in Later Stages: May 6 – 27 Call to register 613-544-3078</p> <p>Lived Experience Network Conversation Topic: Skills & Abilities Monday, April 13th 6:00-7:30pm or Monday April 20th, 1:00-2:30pm</p> <p>Walk for Alzheimer's 2026 Saturday, May 30th Napanee-John Parrott Center 9:00-11:00 am www.alzking.com/napanee2026 Kingston - MacDonald Park 1:00-3:00 pm www.alzking.com/kingston2026 Online registration is OPEN! Drop by the office to pick up your registration package.</p> <p>Call or email to register: 613-544-3078 acollins@alzking.com</p>
<p>5</p>	<p>6</p> <p><i>Happy Easter</i></p>	<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p>	<p>11</p>	
<p>12</p>	<p>13</p> <p>Mixed Peer Group 10:00am-12:00pm</p> <p>Kingston Caregiver Support Group 10:00am-12:00pm</p> <p>Napanee Memory Cafe 1:00-3:00pm</p>	<p>14</p> <p>Mens Peer Group 10:00am-12:00pm</p> <p>Mixed Peer Group 1:30-3:00pm</p> <p>Kingston Caregiver Support Group 1:30-3:00 pm</p> <p>Caregiver Evening Chat Online 7:00-8:00pm</p>	<p>15</p> <p>Ladies Peer Group 10:00-11:30am</p>	<p>16</p> <p>Napanee Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Coffee Social Puzzles 1:00-3:00pm</p>	<p>17</p>	<p>18</p>	
<p>19</p>	<p>20</p> <p>Mixed Peer Group 10:00am-12:00pm</p> <p>Kingston Caregiver Support Group 10:00am-12:00pm</p> <p>Napanee Memory Cafe 1:00-3:00pm</p> <p>Musical Virtual Happy Hour With Max and Wayne 6:30pm</p>	<p>21</p> <p>Mens Peer Group 10:00am-12:00pm</p> <p>Mixed Peer Group 1:30-3:00pm</p> <p>Kingston Caregiver Support Group 1:30-3:00 pm</p>	<p>22</p> <p>Ladies Peer Group 10:00-11:30am</p>	<p>23</p> <p>Napanee Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Coffee Social Paper Mosaics 1:00-3:00pm</p>	<p>24</p>	<p>25</p>	
<p>26</p>	<p>27</p> <p>Mixed Peer Group 10:00am-12:00pm</p> <p>Kingston Caregiver Support Group 10:00am-12:00pm</p> <p>Napanee Memory Cafe 1:00-3:00pm</p> <p>Musical Virtual Happy Hour With Max and Wayne 6:30pm</p>	<p>28</p> <p>Mens Peer Group 10:00am-12:00pm</p> <p>Mixed Peer Group 1:30-3:00pm</p> <p>Kingston Caregiver Support Group 1:30-3:00 pm</p>	<p>29</p> <p>Ladies Peer Group 10:00-11:30am</p>	<p>30</p> <p>Napanee Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Caregiver Support Group 10:00am-12:00pm</p> <p>Kingston Coffee Social Milestones and Memories 1:00-3:00pm</p>	<p> www.alzheimer.ca/kfla</p> <p> facebook.com/AlzheimerKingston</p> <p> instagram.com/alzheimerkfla</p>		



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