Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year!	2 Holiday Office Closed	3 Men's Peer Group Crossroads Church 10:30-12:30pm Caregiver Café - 1:30pm ZOOM	4 Ladies' Peer Group Crossroads Church 11:00-12:30pm	5 NEW In Person Support Group Napanee Office 10:30am - Noon	6	7
8	9 Mixed Peer Group 9:30 – 12:30pm Caregiver Chat 11:30-12:30pm Musical Happy Hour with Max and Company <u>6:30pm - ZOOM</u>	Men's Peer Group 10 Crossroads Church 10:30- 12:30pm Caregiver Café - 1:30pm ZOOM Caregiver Evening Chat <u>7:00pm -</u> ZOOM	11 Ladies' Peer Group Crossroads Church 11:00-12:30pm	12 NEW In Person Support Group Napanee Office 10:30am - Noon	13	14
15	16 Mixed Peer Group Crossroads Church 9:30 – 12:30pm Caregiver Chat 11:30-12:30pm	17 Men's Peer Group Crossroads Church 10:30- 12:30pm Caregiver Café - 1:30pm ZOOM	18 Ladies' Peer Group Crossroads Church 11:00-12:30pm	19 Men's Caregiver Group <u>Zoom</u> 10am NEW In Person Support Group Napanee Office 10:30am - Noon	20	21
22	23 Mixed Peer Group 9:30 – 12:30pm Caregiver Chat 11:30-12:30pm Musical Happy Hour with Max and Company <u>6:30pm - ZOOM</u>	24 Men's Peer Group Crossroads Church 10:30- 12:30pm Caregiver Café - 1:30pm ZOOM	25 Ladies' Peer Group Crossroads Church 11:00-12:30pm	26 NEW In Person Support Group Napanee Office 10:30am - Noon	27	28
29	30 Mixed Peer Group Crossroads Church 9:30 – 12:30pm Caregiver Chat 11:30-12:30pm	31 Men's Peer Group Crossroads Church 10:30- 12:30pm Caregiver Café -1:30pm <u>ZOOM</u>	January 2023 Red: Person Living with a Diagnosis Blue: Groups for Caregivers Green: Special Events Purple: Napanee Groups			