

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# July 2021

ALZHEIMER'S SOCIETY OF KFL&A,  
400 Elliot Ave. Unit 4, Kingston, ON  
K7M 6M9, 613-544-3078



Canada Day

**The Office  
Is  
Closed!**

**Friendly** **3**  
**Fridays at the Chit**  
Chat 1:00  
email: Noreen Peters  
noreenpeters  
@cogeco.ca

4  
  
  
  
Independence Day (US)

5

**Men's Peer Group** **6**  
**8:30 am**  
  
**Minds in Motion**  
**10am**  
**Caregiver cafe**  
**1:30 pm**

**Caregiving in the** **7**  
**Facility Caregiver**  
**Support 10:00 am**  
  
**Circle Of Friends**  
**1:30 pm**

**Minds in Motion** **8**  
**10am**  
**Musical Memories**  
**2:00 pm**  
(Roger James)

**Armchair** **9**  
**Travelogue –**  
**Israel**  
  
. **Friendly**  
**Fridays at the Chit**  
Chat 1:00

10

11

12

**Men's Peer Group** **13**  
**8:30 am**  
**Minds in Motion**  
**10am**  
**Caregiver cafe 1:30 pm**  
**Caregiver Evening**  
**Chat 7:00 pm**

**Ladies Peer** **14**  
**Support Group**  
**9:00 am**  
  
**Circle Of Friends**  
**1:30 pm**

**Minds in Motion** **15**  
**10am**  
**Musical Memories**  
**2:00 pm**  
(Jay Franco)

**Matinee Movie** **16**  
**“Mrs. Doubtfire”**  
**1:30**  
. **Friendly**  
**Fridays at the Chit**  
Chat 1:00

17

18

**Musical Happy** **19**  
**Hour with Max**  
**and Wayne 6:30**

**Men's Peer Group** **20**  
**8:30 am**  
**Minds in Motion**  
**10am & 3pm**  
**Caregiver cafe**  
**1:30 pm**

**Ladies Peer** **21**  
**Support Group**  
**9:00 am**  
  
**Circle Of Friends**  
**1:30 pm**

**Minds in Motion** **22**  
**10am**  
**Men's Caregiver**  
**Group 10 am**  
  
**Musical Memories**  
**2:00 pm**  
(Michael K Meyers)

**Armchair** **23**  
**Travelogue –**  
**Russia**  
  
**Friendly**  
**Fridays at the Chit**  
Chat 1:00

24

**LEGEND:** **25**  
**BLUE:** Caregiver  
Support Groups  
**GREEN:** Special  
Event  
**RED:** Groups for  
persons living with a  
diagnosis

**Musical Happy** **26**  
**Hour with Max**  
**and Wayne 6:30**

**Men's Peer Group** **27**  
**8:30 am**  
**Minds in Motion**  
**10am**  
**Caregiver cafe 1:30 pm**  
**Caregiver Evening**  
**Chat 7:00 pm**

**Ladies Peer** **28**  
**Support Group**  
**9:00 am**  
  
**Circle Of Friends**  
**1:30 pm**

**Minds in Motion** **29**  
**10am**  
  
**Musical Memories**  
**2:00 pm**  
(Glenn Reid)

. **Friendly** **30**  
**Fridays at the Chit**  
Chat 1:00

To join the **31**  
activities/register -  
click on the  
activity/event title