



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Red:</b> Person Living with a Diagnosis  <b>Blue:</b> Groups for Caregivers  <b>Green:</b> Special Events  <b>Purple:</b> Napanee Groups</p>		<p><b>Men's Peer Group</b>  Crossroads Church  10:30-12:30pm  Caregiver Café -  1:30pm <a href="#">ZOOM</a></p>	<p><b>Ladies' Peer Group</b>  Crossroads Church  11:00-12:30pm</p> <p>Caring in the Facility -  10:00am <a href="#">ZOOM</a></p>			
 <p>Clocks go back 1 Hour  Daylight Savings Time  ends</p>	<p><b>Mixed Peer Group</b>  Crossroads Church  9:30 – 12:30pm  Caregiver Chat  11:30-12:30pm</p>	<p><b>Men's Peer Group</b>  Crossroads Church  10:30-12:30pm  Caregiver Café -  1:30pm <a href="#">ZOOM</a></p> <p>Caregiver Evening Chat  7:00pm - <a href="#">ZOOM</a></p>	<p><b>Ladies' Peer Group</b>  Crossroads Church  11:00-12:30pm</p> <p>Planning Ahead Seminar –  in person  4-5:30 James Reid  7:00pm Zoom</p>	<p><b>NEW In Person Support  Group</b>  Napanee Office 10:30am -  Noon</p>	 <p>Remembrance Day  Left We Forget</p>	
	<p><b>Mixed Peer Group</b>  9:30 – 12:30pm  Caregiver Chat  11:30-12:30pm</p> <p><b>Musical Happy Hour with  Max and Company</b>  6:30pm - <a href="#">ZOOM</a></p>	<p><b>Men's Peer Group</b>  Crossroads Church  10:30-12:30pm  Caregiver Café -  1:30pm <a href="#">ZOOM</a></p> <p>National Day of  Bereavement -online  see newsletter for  link</p>	<p><b>Ladies' Peer Group</b>  Crossroads Church  11:00-12:30pm</p>	<p><b>NEW In Person Support  Group</b>  Napanee Office 10:30am –  Noon</p> <p><b>Men's Caregiver  Group 10am - <a href="#">ZOOM</a></b></p>		
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