

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023




Kingston: Events Red: Person Living with a Diagnosis

Blue: Groups for Caregivers

Green: Special Events

Purple: Napanee Groups

Orange: All Welcome Caregivers and Persons Living with a Diagnosis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3		4	5	6	7	8
		<p>Men's Peer Group 10:00am - Noon Caregiver Café - 1:30pm ZOOM</p>	<p>Ladies' Peer Group 10:00am - 11:30am Gentle Exercises 1:30pm Zoom</p>	<p>In Person Support Group Napanee Office 10:30am - Noon Coffee Social 1 - 3pm</p>	<p><i>Soci�t� Alzheimer Society</i> <small>KINGSTON, FRONTENAC, LENNOX & ADDINGTON</small> Northbrook Walk for Alzheimer's all welcome to attend!</p>	9
10	11	12	13	14	15	16
	<p>Mixed Peer Group 10:00am - Noon Caregiver Chat 10:00-Noon Musical Happy Hour with Max and Company 6:30pm - ZOOM Registrations Due for Picnic</p>	<p>Men's Peer Group 10:00am-Noon NEW Men's Group 1:00-2:00pm Caregiver Caf� - 1:30pm ZOOM Caregiver Evening Chat 7:00pm - ZOOM</p>	<p>Ladies' Peer Group 10:00am - 11:30am Gentle Exercises 1:30pm Zoom</p>	<p>In Person Support Group Napanee Office 10:30am - Noon Coffee Social 1 - 3pm</p>	 Finkle Shore Park -Bath 1pm to 4:30pm	
17	18	19	20	21	22	23
	<p>Mixed Peer Group & Caregiver Chat 10:00-Noon</p>	<p>Men's Peer Group 10:00am-Noon NEW Men's Group 1:00-2:00pm Caregiver Caf� - 1:30pm ZOOM</p>	<p>Ladies' Peer Group 10:00am - 11:30am Gentle Exercises 1:30pm Zoom</p>	<p>In Person Support Group Napanee Office 10:30am - Noon Men's Caregiver Group 10:00am Zoom World Alzheimer's Day</p>	 September 21st World Alzheimer's Day 50 cents from each coffee sold today from Kingston/Napanee locations is donated to your local society	
24	25	26	27	28	29	30
	<p>Mixed Peer Group & Caregiver Chat 10:00-Noon 1:30- 3pm Musical Happy Hour with Max and Company 6:30pm - ZOOM</p>	<p>Men's Peer Group 10:00am-Noon NEW Men's Group 1:00-2:00pm Caregiver Caf� - 1:30pm ZOOM</p>	<p>Ladies' Peer Group 10:00am - 11:30am Gentle Exercises 1:30pm Zoom</p>	<p>In Person Support Group Napanee Office 10:30am - Noon Coffee Social 1 - 3pm In Person Caregiver Group 6 - 8pm</p>		

Our NEW ADDRESS is: 1200 Princess Street Kingston Ontario – Providence Care Village