

Support Service Benefits

Our support services provide opportunities to develop a social network, coping strategies, and meet others in similar situations.

- To meet others who are experiencing the same things you are - you are not alone!
- To meet new friends - when was the last time you took time for you?
- To share stories - when was the last time you laughed?
- To share coping strategies - the more we share the easier it gets.
- To help yourself and others navigate the Alzheimer Journey.
- Individual information support.

Come into our Resource Lounge. We have educational videos and books in our library that you can borrow to help make caregiving easier.

LANARK COUNTY

Monday to Thursday
8:30AM - 4:00 PM

Friday
8:30AM - 3:00 PM
or by appointment

Satellite Offices:

Perth - 115 Christie Lake Rd.

Almonte - 453 Ottawa St. Unit #4

Smiths Falls - 179 Elmsley St. Unit 155

Carleton Place - 5 Bates Dr.

For all inquiries call our main office in

Brockville at:

1-866-576-8556

Fax: 613-345-3186

100 Strowger Blvd.

Unit 107 Brockville, Ont K6V 5J9

✉ Email: alz@alzllg.ca

🌐 <https://alzheimer.ca/llg>

Alzheimer Society

LANARK LEEDS GRENVILLE



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Alzheimer Society

LANARK LEEDS GRENVILLE

Support Services in Lanark County



Looking for support?

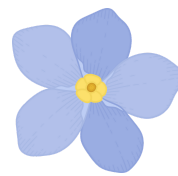
Would you like to meet people with similar experiences?

Need ideas on creative caregiving?

Supported by:  Ontario Health

Group Support Services

There are no fees for these services



Alzheimer Society

LANARK LEEDS GRENVILLE

Support Groups

We offer several different support groups across the Lanark County area to suit the needs of our caregivers.

** Please confirm with our office to ensure programs are currently offered.

Smiths Falls: Loss & Long Term Care For those caring for a loved one living in a care facility

Smiths Falls Satellite Office

Held the 3rd Thursday of the month from 1:00pm to 3:00pm

Smiths Falls: Caregiver Support Group Open to all caregivers

Willowdale Retirement Residence
9 Armstrong Dr., Smiths Falls

Held the 2nd Tuesday of the month from 10:30am - 12:00pm

Perth: Caregiver Support Group Open to all caregivers

Perth Office

Held the 1st Friday of the month from 10:00am - 11:30pm

Perth: Loss & Long-Term Care For those caring for a loved one living in a care facility

Perth Office

Held the 3rd Friday of the month 10:00am - 11:30pm

Almonte Family Caregivers For those caring for a parent or friend

Adult Day Program & Satellite Office
Held the 1st Tuesday of the month from 1:30am - 3:30pm

Almonte Spouse Support Group For those caring for a spouse

Adult Day Program & Satellite Office
Held the 1st Tuesday of the month from 10:00am - 12:00pm

Almonte Loss & LTC For those caring for a loved one in a care facility

Orchard View by the Mississippi
219 Paterson St., Almonte

Held the 3rd Thursday of each month from 1:00pm - 3:00pm

Carleton Place Loss & LTC For those caring for a loved one in a care facility

Adult Day Program & Satellite Office
Held the 2nd Monday of the month from 1:30pm - 3:30pm

Carleton Place Caregiver Support Open to all caregivers

Adult Day Program & Satellite Office
5 Bates Dr., Carleton Place
Held the 4th Monday of the month from 1:30pm - 3:30pm

Virtual Support & Education Open to all caregivers

The 2nd and 4th Thursday monthly.
10:00am - 11:30am

*Register for Zoom link

Individual Support

We offer one on one support sessions in our office. You can make an appointment or just drop in if you are having a difficult day, a question you need answers to or you just need to talk.

You can also call our office at any time and talk to our Support and Education Coordinators

Support & Education Coordinators

Education Coordinator

Robin Hull

rhull@alzllg.ca

1-866-576-8556 x 221

Support Coordinator

Geralynne Smith

gsmith@alzllg.ca

1-866-576-8556 x 200

HELP FOR TODAY.
HOPE FOR TOMORROW.