

Alzheimer Society
ONTARIO

2025/2026

ANNUAL REPORT



Expanding our reach to improve the dementia journey across Ontario

Last year, we identified and shared opportunities to expand our reach and impact across Ontario through innovative programs, partnerships, and research. Through that work, we were able to continue to advance our mission to transform the dementia journey for all Ontarians.

Supported by The Barrett Family Foundation, The BFF Social launched in 2024. It supports people living with early-to mid-stage dementia through meaningful engagement while offering respite to care partners. We are proud to share that strong community partnerships are driving its growth, and the program is on track to expand across all Ontario Health Regions next year.

With the Ontario Brain Institute, we proudly advanced Canada's first community-based dementia registry so data can better inform care, research, and policy. This work will help identify who is accessing care, where gaps remain, and how to support a more equitable healthcare system for people living with dementia and their care partners.

We contributed to research projects totaling over \$4 million in funding, including Indigenous dementia allyship and capacity-building; mapping the dementia journey for diverse seniors through health administrative data; and quality-of-life interventions for diverse seniors and care partners.

Integrating our Health Equity Framework across the federation expanded education opportunities, which included a new course on health equity and dementia for staff and leaders of all levels and areas of work.

None of this work would be possible without the continued commitment of our donors, volunteers, partners, and the dedicated teams across our local Societies. Your support strengthens our collective efforts to better serve people living with dementia and their care partners across Ontario.

We are grateful to all those who stand with us in this work, and we look forward to continuing to strengthen our collective impact together.



Cathy Barrick

Cathy Barrick,
Chief Executive Officer
Alzheimer Society of Ontario



Camila Pereira

Dr. Camila Pereira,
Board Chair
Alzheimer Society of Ontario



Our Mission

The mission of the Alzheimer Society is to alleviate the personal and social consequences of Alzheimer's disease and other dementias and to promote research.



Our Vision

A world without Alzheimer's disease and other dementias.



Our Values

COLLABORATION

We work together and with partners to fulfill our mission and achieve our goals, to ensure Canadians receive personal and responsive services throughout their dementia journey.

ACCOUNTABILITY

We measure our performance and follow a process of continuous improvement. We are wholly accountable for our actions and must account to those we serve for our use of the financial and human resources available to us.

RESPECT

We set for ourselves the highest standards of honesty, trustworthiness and professional integrity in all aspects of our organization and carry out our work with the utmost respect for the dignity and the rights of the people we serve.

EXCELLENCE

We strive to engage stakeholders in meaningful ways. To inform, listen and be attentive to those we work with: People living with dementia, families, community partners, donors, volunteers and staff members.

OUR IMPACT



The Canadian Dementia Registry: Advancing early detection and data for dementia care



Timely diagnosis remains a critical gateway to better outcomes for people living with dementia. To support earlier detection and improve system readiness, the Alzheimer Society of Ontario, in partnership with the Ontario Brain Institute, continues to advance the Canadian Dementia Registry, an initiative designed to strengthen how data is collected, understood, and used to improve dementia care across Canada.

As Canada's first national registry grounded in community-based access and strong ethical governance, it focuses on collecting real-world data from individuals with cognitive concerns, particularly in the early stages of disease where information has been limited. This data is essential to improving our understanding of disease progression, identifying gaps in care, and supporting the safe and equitable introduction of new and emerging therapies.

The initiative has progressed through research and co-design into implementation in participating Ontario communities. Early results demonstrate strong engagement and show that it is feasible to collect meaningful, real-world data in community settings. This approach helps build a clearer picture of care pathways and supports better system planning.

Together, this work is advancing a more connected and data-informed approach to dementia care in Canada. By addressing long-standing gaps and strengthening the use of real-world evidence, the Canadian Dementia Registry is helping to inform policy, improve care, and ensure the system is better prepared for future innovation—while keeping equity, access, and patient experience at the centre.

Timely support, meaningful impact

First Link® offers a vital lifeline to people living with dementia and their care partners across Ontario. This province-wide program ensures that support is available from the earliest stages, helping families access care before a crisis occurs. Delivered through all 26 local Alzheimer Societies, First Link® provides coordinated individual, family, and group supports, both in-person and virtually, including personalized assessments, care planning, and ongoing follow-up to ensure a seamless care experience.

As demand for dementia care continues to grow, First Link® has expanded its reach and impact. Continued engagement with the Ministry of Health has resulted in sustained investment, with funding now made permanent to support the First Link® Care Navigator program (over \$6 million annually). This ongoing commitment strengthens clinical teams across the

province and ensures that more individuals and families can be connected to the right support, at the right time, in their communities.

This year's provincial client satisfaction and impact survey saw record engagement, with 3,844 care partner responses, the highest ever, and 559 responses from people living with dementia. These strong response rates reflect the program's broad reach and continued relevance to those it serves. Feedback continues to highlight the program's role in improving quality of life, helping care partners feel more confident and supported, and enabling people living with dementia to remain safely at home for longer.

To learn more, visit: www.firstlinkontario.ca



“ I don't know how I would have navigated through the system or the journey without the Alzheimer Society. They were always available and willing to help and truly cared for me and my spouse...I know my husband lived a better quality of life because of the Alzheimer Society". ~ care partner

Growing impact and strengthening communities with The BFF Social

Launched in 2024, *The BFF Social* is a group program for people living with early- to mid-stage dementia. It was created to bring joy, connection, and meaningful activities to participants, while also providing care partners with much-needed respite. Thanks to the generous support of The Barrett Family Foundation, the program has quickly become an important and transformative part of dementia care across Ontario.

Each week, participants take part in group sessions that support six areas of well-being: thinking, emotions, social life, spirit, daily skills, and physical health. These sessions are thoughtfully designed to build on each person's strengths, improve quality of life, and create a safe, welcoming space where people feel included, respected, and valued.

This year, the program continued to grow and reach more communities across the province. It expanded through strong partnerships with community-based organizations, helping to better serve Indigenous, Chinese, South Asian, and other diverse populations.

More than 1,500 people living with dementia took part, more than double from last year. Care partners received over 15,600 hours of respite, giving them time to rest, reduce stress, and focus on their own well-being.

Evaluation results show clear success and strong impact. Nearly all participants said they enjoyed the program (97–100%), and 99% of care partners would recommend it to others. Many care partners reported less stress, improved mood, and feeling more supported because of the respite provided. Participants shared that they felt happy, included, and comfortable during sessions, and that the program helped them stay active and connected.

The program is also helping reduce stigma around dementia by working with community-based organizations to create safe spaces for open and honest conversations. Strong systems, trained volunteers, and growing partnerships continue to support high-quality program delivery across regions.





“ My mom always seems to come out of the program with a smile on her face. She says she enjoys the people and she is always more talkative in the car on the way home”. ~ care partner



The Social

PARTICIPANT FEEDBACK CONTINUES TO HIGHLIGHT THE SUCCESS OF THE PROGRAM:

- **100%** of People Living with Dementia (PLWD) participants in Community Based Organization-delivered programs reported high enjoyment from being in The Social.
- **97%** of participants in local Society-delivered programs reported high enjoyment from being in The Social.
- **99%** of care partners recommend The Social (average number of care partners reporting from all local Societies).
- **92%** of care partners reported that The Social provided a personal benefit (local Society-delivered programming).
- **84%** of participants attended sessions on a weekly basis across all local Societies.
- **96%** of care partners reported being very satisfied with staff and volunteers (local Society-delivered programming).



Bringing connection and community to people living with dementia

Minds in Motion® is a highly valued program offered across Ontario through 21 local Alzheimer Societies. Designed for individuals in the early to mid-stages of dementia and their care partners, this community-based program combines physical activity, mental stimulation, and meaningful social connection in a supportive group setting.

Participation in Minds in Motion® has a meaningful impact on both individuals living with dementia and their care partners. The program helps reduce social isolation, builds confidence in participating in community activities, and fosters supportive relationships among people with shared experiences. For care partners, it offers opportunities to connect with others, share experiences, and feel reassured that they are not alone in their caregiving journey. It also serves as an important gateway to additional supports and services offered by the Alzheimer Society.

Over the past year, in-person programming has provided valuable opportunities for deeper engagement, connection, and shared experience among participants. Virtual sessions have continued to play an important role in extending the program's reach, with 32 8-week sessions offered. Provincially, Minds in Motion® continues to demonstrate strong engagement, with 394 total in-person 8-week sessions delivered with up to 24 participants for each session.

By offering both in-person and virtual formats, Minds in Motion® improves accessibility and allows more individuals and care partners to stay active, maintain social connections, and participate in programming that supports overall well-being and quality of life.

Minds in Motion®

The program supports participants through:

- Increased levels of moderate to vigorous physical activity
- Enhanced cognitive engagement
- Improved quality of life for people living with dementia
- Strengthened mental well-being for care partners
- A greater sense of community and meaningful social connection

To learn more, visit: mindsinmotionontario.ca

Quality Care through U-First!® education

U-First!® continues to make a big impact on care for people living with dementia with 43% more people taking part in the program this year than last year. The U-First!® Framework is an emotion-based, person-centred approach that looks at the whole person and is the companion program to PIECES™ education program. It helps to develop a common knowledge base, language, values and approach to care by understanding the person and associated behaviour changes and working as a team to develop individualized support strategies. Three distinct versions of the program, two for Health Care Providers and one for family and friend care partners, increase skills and confidence and create a team approach to care.

This growth is fuelled by care organizations that come back over-and-over to invest in their staff ensuring they have the knowledge and skills they need to recognize and respond to behaviour changes in client/residents living with dementia through U-First!® education. They see the difference that this program makes in care practices. Leaders and learners alike share how impactful the training is with others and word-of-mouth is also bringing new learners and organizations to the program. Participants consistently rate the program highly with 99% rating the program as good or very good overall and also for its interactive nature. This practical, hands-on approach leads to deeper learning and a better ability to apply what was learned after the training.

The U-First!® education program is also being strengthened by partnerships. It is a key component of the Behavioural Supports Ontario 5-STaR (Specialized Training and Resources) core curriculum and the McMaster Geriatric Certificate Program and is the companion program to PIECES™. We are proud that the value of U-First!® has been recognized across Canada with other provinces implementing the program and impacting the quality of care across the country.

U-First!® by the numbers 2025/2026:



6,193

Health Care
Provider
participants



391

U-First!® for
Health Care
Providers 6-hour
Workshops



25

U-First!® 3-week
e-learning courses
for Health Care
Providers

To learn more about U-First!® and opportunities to take part in this education, visit u-first.ca

“ It gives me some great tools to use and share, focusing on the right things, not just behaviours. It will provide me with new skills and help me think of some new quality strategies.” ~ participant



Providing education opportunities that make a difference

Another 8,000 individuals discovered ALZeducate, the Alzheimer Society's Learning Management System as a go-to source of high-quality dementia education. More than 29,000 people, including people living with dementia, care partners, healthcare providers, and others interested in learning more about dementia accessed learning opportunities to meet their needs.

This year, the site was upgraded for a more user-friendly experience and new content was developed. On ALZeducate, you can find learning that is right for you, whether live webinars or asynchronous courses that you can complete on your own time at your own pace, there are many topics and options available in both English and French. One of the new courses created this year is Take Action to Keep Your Brain Healthy. This interactive course helps you understand the modifiable risk factors for dementia and things you can do to reduce your risk. AND, if you want to create a plan of your own for keeping your brain healthy, you can join our new three-part webinar

workshop series Take Action for Brain Health, where you'll be able to consider your own risks and develop a plan that you can put into action to reduce your risk for dementia.

We collaborate with partners to develop new education content that's important to our learners. Working together with Older Adult Insomnia Collaborative, we offered two live Speaker Series webinars on Sleep and Dementia featuring guest speakers Dr. David Gardiner and Dr. Sophiya Benjamin this year. These were then turned into on-demand courses that can be accessed at anytime How to Get a Good Night's Sleep without Sleeping Pills and Restoring Rest: A Caregivers Guide to Sleep and Dementia. If you're an organization that would like to collaborate on developing high-quality dementia education, we'd love to hear from you. Reach out to us at alzed@alzon.ca.

To learn more, visit: www.alzeducate.ca



Another 8,000 individuals discovered ALZeducate this year, bringing the total number of learners to more than 29,000.

Deepening the impact of Dementia Friendly Communities™



This year we placed an emphasis on the Dementia Friendly Supporters pathway of the Dementia Friendly Communities™ (DFC) initiative. Dementia Friendly Supporters are community organizations and businesses that make a commitment to learning about how to better support people living with dementia and putting that into action. They have at least 75% of their staff take part in DFC education and create an action plan to make changes to their environment, policies and overall approach to better support their customers/clients/patrons who are living with dementia and their care partners. You can tell a business or organization that's a Dementia Friendly Supporter by the decal that's posted at their location or on their website. We are grateful to the 136 organizations across Ontario that have made this commitment!

We're also proud of the work by the Rapid Response Advisory Groups for first responders (police, fire, paramedics) as part of the Finding Your Way® (FYW) program. Each of these groups made great progress in their advocacy efforts and in identifying the need for and creating helpful resources. This work included submitting "Living Standards" to the Ministry of Health for consideration as guidance for paramedics supporting people living with dementia, a presentation with the Ontario Chiefs of Police, and

developing a Dementia-Friendly Fire Safety guide tailored for people living with dementia.

Added to the target sectors of first responders, faith-based communities, and retail (including vision and hearing centres), the dental sector was added with education materials to support their ability to provide dementia-friendly services.

The response was positive!

- Over **1,300 education sessions** held
- More than **30,000 participants**
- **93% of survey respondents** reported that they gained new knowledge and that they plan to use what they learned to make change



For more information and resources, visit:
findingyourway.com and dementiafriendlyontario

STRENGTHENING THE SYSTEM FOR THE FUTURE



Driving system change, influencing policy, and amplifying the voices of people impacted by dementia

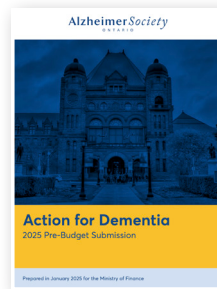


ASO has been busy advancing dementia care as a priority across Ontario and across our national federation of Alzheimer Societies. We held a successful Lobby Day at Queen's Park in November 2025 with a record number of local Alzheimer Society leaders attending. We worked hand in glove with local Alzheimer Societies on presentations to legislative committees and ministers' offices on our priorities, from sustaining a commitment from government on dementia to expanded and increased funding for local programs and services. We also co-founded the pan-Canadian Federation Advocacy Working Group with our colleagues at the Alzheimer Society of British Columbia and Yukon, bringing advocacy to the forefront with the Alzheimer Society of Canada and other provinces to align our voices and strengthen our messaging to government and the public. While we continue to raise the issue of system readiness for increasing prevalence and the introduction of disease-modifying therapies for dementia in Ontario, to growing successful local programs to provincial scale, the lived experience of dementia continues to guide our approach to outreach, engagement, and advocacy.

Bringing the dementia agenda to Queen's Park

On November 19th, ASO hosted our annual Lobby Day at Queen's Park, meeting with more than 20 MPPs throughout the day to discuss key dementia priorities. With the support of 18 Alzheimer Society leaders in addition to staff from local Societies and ASO, we engaged MPPs in meaningful conversations about improving dementia care across Ontario.

At our breakfast reception, we showcased impactful programs offered across the province on U-First!® provider training, hospital diversion through the DREAM program, First Link® patient navigation, the Canadian Dementia Registry, and the need for a provincial dementia infrastructure to an audience including Ministers and MPPs, political staff, health and social care leaders, industry partners, and more than 10 collaborating organizations. The event emphasized program-based discussions instead of political speeches, reinforcing strong support for dementia-focused innovations across the province.



Priority-setting with the Government

ASO developed a 2026 Provincial Pre-Budget submission, key messages, and a guide for leaders in our federation. Six local Alzheimer Societies were invited to present at the Standing Committee on Finance and Economic Affairs as part of pre-Budget consultations this year. Our advocacy priorities this past year included strengthening community-based supports and hospital diversion, improving early detection and diagnosis to prepare Ontario for new dementia treatments, and increasing care providers' ability to provide person-centred dementia care with the U-First!® training program.

Advancing investment in dementia care

DMT Awareness: \$50,000 from Eisai Canada, to educate Alzheimer Society staff, clients, and the public on new treatment options for dementia

DREAM: \$3.7 million in 2025/26 from Ontario Health, expanded from 18 to 32 hospital sites

First Link Care Navigation: \$3.45 million in 2025/26 from the Ministry of Health, doubling the annualized funding for the program going forward

Insomnia: \$100,000 from Eisai Canada, for the creation of education, awareness, and clinical resources on dementia and sleep

System Design & Accountability: \$240,000 from the Weston Family Foundation to work in collaboration with the Brainwell Institute on the economic analysis and co-design of a provincial dementia care infrastructure

System Readiness: \$300,000 from Eli Lilly Canada, supporting expert roundtable discussions and calls to action for government to pave the way for diagnosis and treatment of dementia

Campaigning for a dementia-ready Ontario

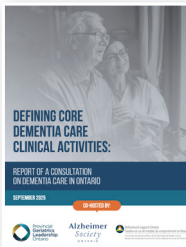
In the past year, the Alzheimer Society of Ontario has taken our advocacy to a new level by providing opportunities for the public to get involved. Our dedicated advocacy platform, actionfordementia.ca, puts issues in dementia care front and centre. Supporters can take action through our platform to contact their local MPPs directly, raise awareness, and influence decision-makers in government. Our engagement has more than doubled year-on-year, with campaigns focused on a care partner benefit, hospital diversion, system preparedness, sustained investments for community supports, and more. These targeted campaigns are complemented by the ASO Advocacy College, our free online course designed to equip learners with the skills and knowledge needed to advocate for a more dementia-friendly Ontario. By empowering care partners, families, and concerned individuals, ASO is helping to shape a network of voices to share their stories and push for better dementia care across the province.

Preparing Ontario for new disease-modifying therapies

The first disease-modifying therapy for dementia was approved in October 2025, and ASO used media appearances, opinion pieces, and public campaigns to spread the word about the hope for new treatment options. We provided patient input submissions to Canada's Drug Agency for two disease-modifying therapies and continue to advocate for public funding to reduce barriers to access.

ASO convened multiple expert groups with partners to draft reports, educate the public, and inform government about the present and future of dementia care, including what our clients experience, what's needed for clinicians, and what is required to transform our system to deliver high-quality care and better health outcomes.

Highlights of efforts include:



Launching the final report of our Spring 2025 consultation on what needs to be included in a dementia care framework in Ontario. We worked with Provincial Geriatrics Leadership Ontario and Behavioural Supports Ontario to synthesize the feedback from 130 clinicians into recommendations for

developing the clinical components of a dementia care framework.



Hosting a system readiness roundtable during the Alzheimer Association International Conference in July 2025 with support from Eli Lilly. Closing the Gap (the final report) was released in November, identifying key challenges and calls to action for system transformation. Our efforts at promotion netted

44 syndications (e.g. CTV, CityNews, Ben Mulroney Show, National Post, etc.) and more than 15 million impressions.

- **Number of Campaigns: 7**
- **Number of emails sent to MPPs, Cabinet Ministers, and the Premier: 687**

Generating evidence, strengthening programs, and shaping the future of dementia care

Research and Evaluation play a key role in generating evidence, mobilizing knowledge, and supporting innovation in dementia care. Through research partnerships, program evaluation, and knowledge sharing, we translate research and lived experience into practical tools, strengthen program delivery, and contribute to national and international conversations shaping the future of dementia care.

Dementia & Sleep Initiative

One example of this work is the Dementia & Sleep Initiative, which focuses on improving sleep and overall well-being for people living with dementia and their care partners.

Research shows that at least 67% of care partners experience significant sleep disturbances. In response, ASO partnered with the Older Adult Insomnia Collaborative to co-develop evidence-informed education, staff resources, and research to support a community-based sleep intervention.

To date, this work has led to two public webinars (now available on ALZeducate), new tools to support staff in conversations with clients, and a research study in partnership with the Research Institute for Aging. This study explores sleep challenges experienced by care partners and staff, with findings informing upcoming co-design workshops and the development of a multi-component community intervention.

Research in Health Equity and Access

ASO is working with Canadian and international research partners to improve equitable access to dementia care for diverse and underserved communities.

We are currently involved in five multi-year research studies, contributing as knowledge users, steering committee members, and co-investigators. These projects focus on areas such as culturally appropriate programming for Indigenous communities, supports for diverse care partners, improving long-term care environments, and enhancing quality of life through innovative approaches like culturally relevant recreation.

Together, these initiatives represent over \$4 million in funding and will directly inform more inclusive, culturally safe programs and services across the Alzheimer Society network.

This work addresses a critical gap. Research shows that diverse communities often experience higher rates of dementia while facing greater barriers to care. By strengthening the evidence base, ASO is helping ensure that services better reflect the needs and realities of all communities.

This leadership has been recognized nationally and internationally. In 2025, ASO's Health Equity Framework was presented at the Canadian Conference on Dementia, the Canadian Association on Gerontology, and the Alzheimer's Association International Conference. In 2026, ASO will present this work at the International Conference on Integrated Care in the UK.

Sharing knowledge and shaping policy

Knowledge mobilization is central to our work. This year, ASO presented 26 times at provincial, national, and international conferences, sharing research, elevating best practices, and contributing to policy conversations.

RESEARCH AND EVALUATION



Conference Spotlight: 2025 Alzheimer's Association International Conference

At this annual conference, ASO presented on several initiatives, including the development of a Health Equity Framework to support more inclusive dementia care, research exploring Canadians' experiences and perceptions of emerging disease-modifying treatments, youth engagement through the co-design of a Young Dementia Supporter Toolkit, and our partnership with OBI on the dementia registry.

During the conference, ASO convened a multidisciplinary roundtable bringing together clinicians, researchers, health system leaders, and people with lived experience. As new therapies emerge that can slow early-stage Alzheimer's disease, participants discussed the steps needed to strengthen Canada's readiness to deliver these treatments safely and equitably.



The resulting report, *Closing the Gap*, outlines critical priorities for improving equitable access to diagnosis, enhancing care coordination, and building system capacity to support new treatments. Through this work, ASO is shaping the national dialogue and is advocating for the changes needed to ensure people living with Alzheimer's disease can access timely and effective care. ASO is grateful for the support from Eli Lilly Canada that enabled this roundtable and report.

Strengthening local Societies through evaluation

Demonstrating the impact of community-based programs is also an important part of our work. A current focus is our collaboration with local Alzheimer Societies delivering the DREAM program. Together, we are planning a comprehensive evaluation to better understand the program's impact and value for money, while also building a clearer picture of program delivery across sites.

An initial cost-avoidance analysis conducted this year suggests that the program contributes to \$48.2 million in avoided healthcare costs. This evidence is already being used to support advocacy efforts for sustained funding and the expansion of DREAM to additional communities.

Findings from this work were also shared at the International Conference on Integrated Care and the Canadian Geriatrics Society Annual Scientific Meeting, bringing the impact of the work of local Societies to national and international forums and contributing to broader conversations about community-based innovation in dementia care.



Expanding access, strengthening partnerships, and reaching communities across Ontario

Health equity and access is increasingly embedded across ASO's work—from provincial campaigns and research initiatives to community outreach and strategic partnerships. This work is focused on ensuring that people living with dementia, regardless of background or circumstance, can access the care, support, and information they need.

Reaching underserved communities

This year, ASO launched targeted First Link® dementia awareness campaigns to better reach underrepresented communities.

- In partnership with EGALE Canada, we delivered a webinar series focused on the 2SLGBTQI community, addressing the unique experiences and needs of individuals living with dementia. The series is now available on YouTube for ongoing access.
- In collaboration with Caribbean Vibrations, we developed a three-part television series focused on dementia in the Black community.

The series explored awareness, care partner experiences, available supports, and current research, reaching more than 450,000 viewers and generating increased demand for information and referrals to local Alzheimer Societies.

Community outreach

Community Outreach establishes stronger relationships, promotes awareness, prevention, and stigma reduction. Presentation topics range from exploring dementia in diverse communities, caregiving from diverse perspectives, sex and gender in aging, women's groups, and religious minority groups.

Strategic partnerships

Our work could not nearly be as impactful without the support of our strategic partners who also hold the same vision of diversity in dementia. In the past year, we have expanded our partners list to include the Métis Nation of Ontario, Alzheimer Indonesia (Toronto Chapter), the Walnut Foundation, the Durham Community Health Centre, among others. These partnerships supported the unique challenges within these communities involving dementia. We also formed partnerships with the Alliance of Equality for Blind Canadians, the Ontario Caregiver Organization, and the Canadian Institute for the Blind to engage in cross-sectoral knowledge exchanges to gain better understanding of how dementia is experienced in differently abled communities, as well as to understand the experiences of caregivers to better support their needs.



Advancing Dementia Research in Ontario

Research is one of the most powerful tools we have to change the future of dementia. Through the Alzheimer Society Research Program (ASRP), Ontario researchers are advancing discoveries that improve diagnosis, treatment, prevention and quality of life for people living with Alzheimer's disease and other dementias.

Dementia remains one of the most pressing health challenges in the province. By the end of 2026, more than 350,000 people in Ontario are expected to be living with dementia, a number projected to grow by over 200% by 2050, the highest increase of any province in Canada. Across the country, nearly 10,000 Canadians are diagnosed every month, underscoring the urgent need for research and innovation.

In Ontario, ASRP-funded researchers are exploring diverse approaches across leading institutions, including the University of Toronto, Sunnybrook Research Institute, Queen's University, Toronto Metropolitan University, Unity Health Toronto and McMaster University. Their work spans the full spectrum of dementia research from laboratory science to community-based care innovations.

The Alzheimer Society Research Program also plays a vital role in supporting the next generation of dementia researchers. Through doctoral, postdoctoral and new investigator awards, the program helps emerging scientists build careers dedicated to advancing dementia research.

Learn more about our research initiatives by visiting: alzheimer.ca/en/research

Current projects include:

- Developing new diagnostic tools to detect Alzheimer's disease earlier and guide treatment decisions
- Testing innovative therapies, such as light-based brain stimulation and non-invasive neuromodulation
- Investigating biological mechanisms, including inflammation, protein aggregation and cellular dysfunction
- Using artificial intelligence and advanced imaging to identify risk factors and early indicators
- Improving quality of life through research on caregiving, rehabilitation, community design and long-term care

Gratitude for our research partners and donors

The Alzheimer Society Research Program is made possible through the generosity of our funding partners, donors and supporters. Their contributions empower researchers to pursue bold ideas, support emerging talent and accelerate discoveries that improve lives.

We are deeply grateful to the individuals, foundations, corporate partners and community supporters whose generosity continues to drive progress and bring hope to families across Ontario.

COMMUNITY SUPPORT IN ACTION





The IG Wealth Management Walk for Alzheimer's brings communities together to protect something priceless



Shaylan was just 13 when she joined her first Walk for Alzheimer's after her grandfather died. She had already seen what dementia could do to a family. Years later, she still comes back, now walking with her daughter.

Across Ontario, people return to the IG Wealth Management Walk for Alzheimer's year after year, carrying the names and stories of the people they love. Some walk in memory of a parent or grandparent, some for a spouse. Some come because dementia has affected their family more than once.

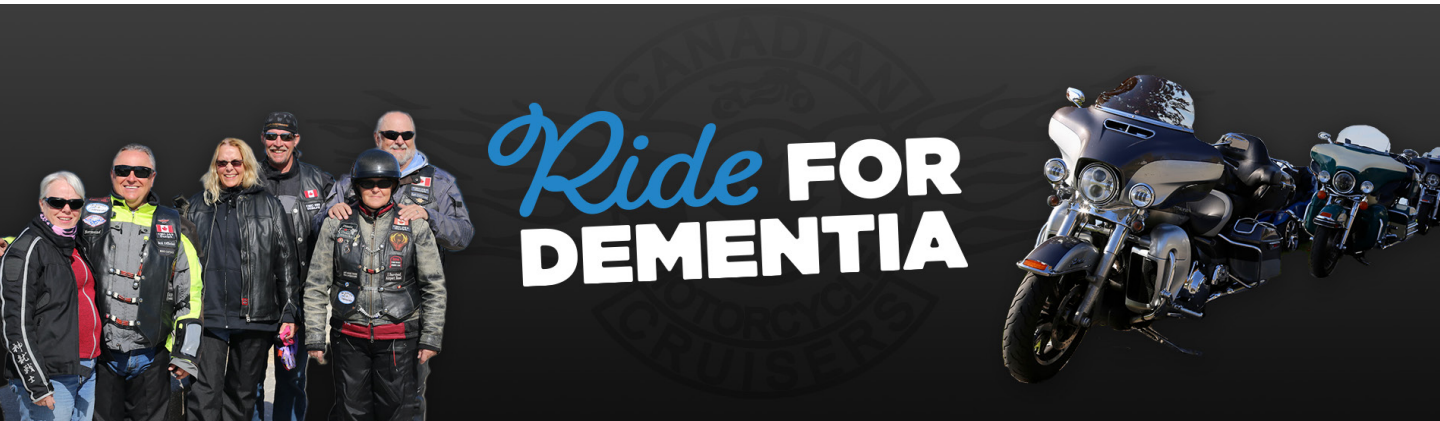
This year, nearly 8,000 people took part in 61 events across Ontario, raising \$3.1 million locally as part of \$6.8 million raised across Canada. But the numbers are only one part of the story. What makes the Walk matter is the people: people like Shaylan, or Ann, who

has walked for 28 years since her mother's diagnosis, and the others like them who return every year to make a difference.

At its heart, the Walk is a gathering of people who refuse to let other families go through dementia alone. That is why they come back, and that is what makes every step mean something.

By the numbers:

- 8,000 registered walkers
- 61 events across Ontario
- \$3.1 million raised in Ontario
- \$6.8 million raised across Canada



The CMC Ride for Dementia delivered joy directly to people living in long-term care

It's not every day that dozens of motorcycles roll through town. On September 20, 2025, 52 riders from the Canadian Motorcycle Cruisers travelled 400 kilometres and visited 12 long-term care and assisted living facilities in support of people living with dementia and the care partners who stand beside them every day.

The Ride raised \$11,387.73 this year alone.

But what makes this event matter is not just the amount raised. The Ride sparks smiles, and waves, and joy; for families, it's a visible reminder that they are seen and cared for. That feeling is no small thing.

Over its first three years, the CMC Ride for Dementia has visited long-term care homes across Ontario and raised more than \$41,995 in support of Alzheimer Society programs, services, and education. It is a grassroots effort with a big presence, and we're so grateful to everyone involved.

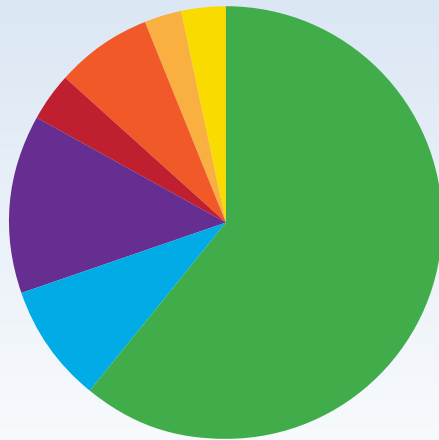
From everyone at the Alzheimer Society of Ontario, THANK YOU for making this event a true success!

By the numbers:

- 52 riders
- 400 kilometres ridden
- 12 homes visited
- \$11,387.73 raised in 2025
- \$41,995.61 raised over three years



FINANCIALS



REVENUE

- Individual Giving
- Bequests
- Corporate Giving
- Government health programs
- Partner Charities
- Literature and seminars
- Investment and other income

2026

- \$8,949,369
- \$1,276,654
- \$1,952,344
- \$527,900
- \$1,065,576
- \$422,410
- \$457,443

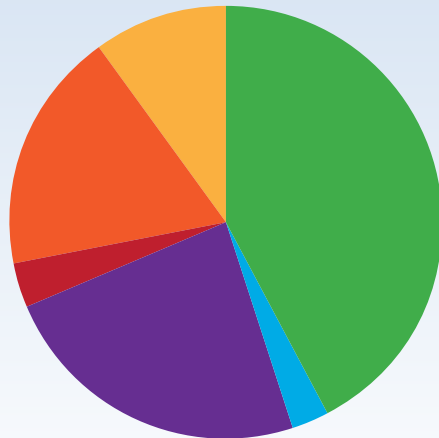
2025

- \$8,215,542
- \$1,993,517
- \$1,059,624
- \$757,333
- \$1,778,478
- \$343,703
- \$607,327

TOTAL REVENUE

\$14,651,696

\$14,755,524



EXPENSES

- Program and services
- Research
- Partner Alzheimer Societies
- Government Health Programs
- Fundraising
- Administration

2026

- \$6,325,642
- \$411,322
- \$3,531,071
- \$527,900
- \$2,692,483
- \$1,473,489

2025

- \$6,288,978
- \$1,301,454
- \$3,106,989
- \$757,333
- \$3,210,007
- \$1,484,092

TOTAL EXPENSES

\$14,961,907

\$16,148,853

Complete audited financial statements are available at alzheimer.ca/en/on/About-us/Annual-Report.

Corporations/Organizations/Foundations & Groups

2780743 Ontario Ltd
AGG Family Giving
Aqueduct Foundation
ATCO EPIC - Employees
Participating in Communities
Bayshore Foundation for
Empowered Living
Benefaction Foundation
Calgary Foundation
Canadian Online Giving
Foundation
Charities Aid Foundation Canada
Charity Rocks!
City of Vaughan
Whitehorse Liquidity Partners Inc
Eastgate Group Inc.
Eisai Ltd
Eli Lilly Canada Inc.
Equitable Life of Canada

Federated Health Charities
Corporation
Frank & Teresa Del Fatti
Foundation
Gift Funds Canada
Gord & Lu-Anne Demetricks
Legacy
IG Wealth Management
IT Weapons
Jack McAllister Foundation Trust
Jewish Foundation of Greater
Toronto
LiUNA Local 183
Novo Nordisk Canada Inc
Ontario Order of the Eastern Star
Private Giving Foundation
Queen's Players Toronto Theatre
Group
Rexall Care Network

Royal Victoria Hospital
Sentrex Health Solutions Inc
Shepherds Fashion Accessories
Ltd.
Strategic Charitable Giving
Foundation
The Barrett Family Foundation
The Catherine and Maxwell
Meighen Foundation
The H. John McDonald
Foundation
The HMF Trust
The WB Family Foundation
The Weston Family Foundation
Toronto Community Foundation
United Way East
Ontari- Centraide Ottawa
United Way of Greater Toronto
United Way Simcoe Muskoka

Individuals

Lowell And Mary Ellen Aronoff
Sheldon Barris
Joanne Batchelor
Paul & Maggie Beneteau
Kerry Benson
Cheryl & Gord Blair
Don and Jane Booth
R.N. Bose in memory of
Mrs. M. Bose
Jeffrey Bowman
Sharon Bradbury
Bob and Suzanne Carrel in
memory of Tom and
Muriel Carrel
Robin and Norman Cromie
The Cruickshank Family

MB Currie & Jeff Rintoul
Mike Cutrone
Angelo D'Ascanio
David De Maio
Ann and L Dunlop
Ingrid Dziemianko
Tom Evans
Pierre Forget
Michael French
Robert and Irene Gale
Peter Garrett
Keith Gibbons
Christopher P. Gorman
Ken Graydon
Eleanor Gretzky
Ronald Grieve

Rosemary Haley
T Evans Harrison
Pippa Hobbes
Tom & Sheelagh Holden
Teresa Horvath
Paul Hosek
Thecla Jorna
Arthur Kates
Raymond Kwong
Jason Lang
Stittsville Yayas Tourtière Gals
Estelle Leger
Peter Lockett
William Lynn
John Macri
Gerrard Malcolmson

DONOR LISTING

Mark Milando
Kori Miskucza
John Morra
Vicki Nicholls
Ron Pasternak
Margaret Peacock
Margaret Peebles
Lorne Peters
Victor Phuong
Elaine Psaila
Brenda Rice

Amanda Robinson
Christine Rohrbach
Cynthia Rowden
Shirley Sabbage
Dr. Hani Sadek
Andrew Shenkman
John Spice
Ms. Jennifer Thorson
Julie Tilbury
Jennifer Valenzuela
Burke Van Valkenburg

Garry Vander Eyk
Linda Vannuccisantini
Keith Vermeer
Ruth Walper
Carolyn Watt
John Weiler
Karen White
Patricia Williams
Pak Hong Wong
Elaine Woodward - In loving
memory of Keith Woodward

Estates

Estate of Sandra Rose Bogdon
Estate of Dorelle M Cameron
Estate of Dorothy Cameron
Estate of Domenico Caminiti
Estate of June Ann Campbell
Estate of Anne Eirwen Croombs
Estate of Jean Culleton
Estate of Beth Kathleen Curtis
Estate of Frances M Dafoe
Estate of John Darmanin

Estate of Arthur R Falconer
Estate of Connie Lynn Fenney
Estate of Gerald Stanley Forneri
Estate of John F. Isbister
Estate of Ruth James
Estate of John Foster Jones
Estate of Verna Rose Massam
Estate of Jack McAllister
Estate of Marjorie E McCall
Estate of Margaret Mary McCrae

Estate of Clarence S. McLaren
Estate of Mitchel Momot
Estate of Marjorie Paulich
Estate of Friederike Poxon
Estate of James Peter Quance
Estate of Kathleen M Scott
Estate of Jerry Joseph Shur
Estate of Lance H Slumski
Estate of Carmela Spadoni
Estate of Freder Shipman

Staff Giving

Joshua Wright
Kathy Hickman
Rebekah Peterson
Kapil Upadhya
Cathy Barrick

You can do something about dementia.

DONATE TODAY

Alzheimer Society of Ontario
20 Eglinton Ave. W,
16th Floor, Toronto, Ontario M4R 1K8
Tel: 416-967-5900 | staff@alzon.ca
www.alzheimerontario.ca

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