

Alzheimer*Society*
SIMCOE COUNTY

Programs & Services Guide

JANUARY - MARCH 2024



EDUCATION, SOCIAL RECREATION AND
SUPPORT PROGRAMS FOR PEOPLE LIVING
WITH DEMENTIA AND THEIR CARE
PARTNERS



Welcome

The staff and volunteers at the Alzheimer Society are committed to providing the highest quality programs and services that will help people living with dementia and their care partners live well and thrive in their community. Our programs and services are available to people of any age who are:

- living with a progressive dementia
- OR
- a care partner supporting a person living with a progressive dementia

We also offer a number of awareness programs for the general public and health professionals. Please review the information contained in this guide and contact us with any questions.

Contact Us

BY PHONE: 705-722-1066 or 1-800-265-5391

BY MAIL: P.O. Box 1414, Barrie, ON L4M 5R4

BY EMAIL: simcoecounty@alzheimersociety.ca

WEB: <https://alzheimer.ca/simcoecounty/en>

IN PERSON: 20 Anne Street South, Barrie
Monday—Friday 8:30am—4:30pm

25 Museum Drive (side entrance), Orillia
By appointment only, please call

 [AlzheimerSocietySimcoeCounty](https://www.facebook.com/AlzheimerSocietySimcoeCounty)

 [@alzheimersimcoe](https://twitter.com/alzheimersimcoe)

 [@alzheimersimcoe](https://www.instagram.com/alzheimersimcoe)



The Alzheimer Society of Simcoe County celebrates diversity and strives to provide equitable and inclusive services. We are proud to share that 100% of our staff team recently participated in Safer Spaces 2S-LGBTQ+ Cultural Competency training. Tell us how we can best work with you!

Charitable Number: 11921 2116 RR0001

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Please note, due to volume and capacity, clients will experience wait times to access some programs. There may be a wait for Support Groups (Barrie), Minds in Motion or In-Home Recreation.

Program Information

All of our programs require registration in order to ensure we are fully prepared with sufficient supplies and adequate space for everyone to safely and comfortably attend. Registration information will be listed with each program. Many programs and services are free. Fees are clearly noted where they are applicable.

We know that the best laid plans can go awry. **If you have registered for a program**, but are no longer able to attend, please contact the office to let us know that you will not be participating. Often there are waitlists for programs so you will be freeing up a space for another person to get the information they need! Thank you!



Program Cancellations

There are times when we have to cancel a program due to weather, facilitator illness, low registration or unforeseen circumstances. The Alzheimer Society will make every effort to cancel a program in a timely manner.

When inclement weather is in the forecast, consideration is given to weather warnings, bus cancellations and projected deterioration of conditions. For day of program cancellations, registered program participants will be notified by phone.

Cancellation notices will also be placed on social media and sent to news outlets. The safety of our clients and staff is a top concern so it is never our expectation for you to drive in poor weather. Please use your discretion.



Health Connect Ontario

- Call 811
- Chat online
- Information in one location



After hours support for persons living with dementia and their care partners.

To be eligible for our services, you either must:

- be concerned about your memory,
- living with dementia,
- supporting someone living with dementia

AND have a connection to this region (e.g., you or the person you are supporting live in Simcoe County).
Some programs have additional eligibility criteria.

INFORMATION – Sharing information about dementia – signs and symptoms, progression, caregiving tips – in the form of brochures and information sheets.

EDUCATION – We run several workshops and sessions that address symptoms, care & coping strategies and future planning. We have one to two programs specifically for the person living with dementia (to learn more about symptoms and strategies to help live well).

Eligibility: *A person living with dementia in the early stages OR a care partner of a person living with dementia, regardless of living situation.*

CARE NAVIGATION – Provided to people who are newly diagnosed and/or with no connections to other services to help them get the support and services they need.

Eligibility: *A person living with dementia in the early stages OR a care partner of a person living with dementia, regardless of living situation.*

SUPPORTIVE COUNSELLING - 1:1 (or family) supportive counselling meant to provide opportunities for care partners and or persons living with dementia to speak with someone more in depth about their personal situation

Eligibility: *A person living with dementia in the early stages OR a care partner of a person living with dementia, regardless of living situation.*

SUPPORT GROUPS– Monthly support groups for care partners throughout the county. Support groups run in 3 month cycles – both online and in person.

Eligibility: *Care partners of a person living with dementia, regardless of living situation.*

ENHANCING CARE (CARERS/TEACH GROUPS) – Group programs for care partners who are looking for additional supports/caregiving strategies. The programs are designed for each groups current caregiving challenges and focuses on providing practical, skill-based strategies.

Eligibility: *Care partners of a person living with dementia. Some groups are specific to certain care partner relationships (e.g., Spouses group) or living situation (e.g., Long Term Care group)*

SOCIAL RECREATION – Programs designed to provide stimulation and encourage social connections.

Minds in Motion – An 8-week community exercise and cognitive stimulation/social program for persons living with dementia and their care partners.

Musical Memories - A 6- week music program held online, facilitated in partnership with Music Therapists from Music Therapy Services of Simcoe County.

Creative Spark - A multi-week art program held in conjunction with MacLaren Art Centre in Barrie

Eligibility: *Persons living in the community, including within retirement homes, with early - mid stage dementia & their care partners.*

IN-HOME RECREATION – Suitable participants receive 12 weekly in-home visits designed to provide meaningful engagement and opportunities for the person living with dementia to stay social, as well as providing a little bit of respite for the care partner. Suitability is based on meeting the eligibility requirements of the program and in-home assessment for interest, ability, and engagement levels.

Eligibility: *Persons living in the community* with early - mid stage dementia who does not require personal support during the visit and has no known behavioural concerns.*

**living in the community does not include persons living in Retirement Home or Long Term Care.*

EDUCATION PROGRAMS for Persons Living with Dementia

First Steps

This is a 4-week introductory series for persons living with dementia and their care partners. It serves as an opportunity to learn more about symptoms, adapting to changes, strategies and planning ahead.

Format	Location	Day	Date	Time	Contact to Register
Online		Wednesdays	January 10—31	1—3pm	Kelly Luvisotto 705-722-1066 ext. 226
In-Person	Penetanguishene Bayfield House 5 Beck Blvd	Wednesdays	February 7—28	10am—12pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	ASSC Barrie 20 Anne St S	Wednesdays	February 14—March 6	10am—12pm	Kelly Luvisotto 705-722-1066 ext. 226
In-Person	ASSC Orillia 25 Museum Dr	Thursdays	February 15—March 7	1—3pm	Kelly Luvisotto 705-722-1066 ext. 226
In-Person	Alliston Matthews House 131 Wellington St E	Tuesdays	March 5—26	10am—12pm	Maryse Raymond 705-722-1066 ext. 229

“First Steps was awesome. That’s all I can say! The Alzheimer Society has really helped me in more ways than I could possibly imagine and I’m so incredibly grateful.”

– Betty

EDUCATION PROGRAMS For Care Partners

Next Steps

This is a 3-part series for care partners covering the following topics:

- Symptoms of dementia
- Adapting to changes
- Assessing & managing risk
- Planning for the future & creating a circle of support

Format	Location	Day	Date	Time	Contact to Register
In-Person	ASSC Orillia 25 Museum Dr	Tuesdays	January 9—23	10am— 12pm	Kelly Luvisotto 705-722-1066 ext. 226
In-Person	Wasaga Beach United Church 380 Zoo Park Rd	Thursdays	January 11—25	10am— 12pm	Maryse Raymond 705-722-1066 ext. 229
Online		Thursdays	March 7—21	6—8pm	Maryse Raymond 705-722-1066 ext. 229



EDUCATION PROGRAMS For Care Partners

Care Essentials

This is a 3-week education series for care partners supporting a person in mid to late stage of dementia. The focus is on communication changes and strategies, understanding responsive behaviour and supporting daily activities.

Format	Location	Day	Date	Time	Contact to Register
In-Person	Alliston Mathews House 131 Wellington St E	Wednesdays	January 17—31	10am—12pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	ASSC Barrie 20 Anne St S	Thursdays	January 25—February 8	1—3pm	Kelly Luisotto 705-722-1066 ext. 226
Online		Wednesdays	February 7—21	1—3pm	Kelly Luisotto 705-722-1066 ext. 226
In-Person	Wasaga Beach United Church 380 Zoo Park Rd	Thursdays	March 7—21	10am—12pm	Maryse Raymond 705-722-1066 ext. 229

Care Essentials On-Demand

Care Essentials is offered as a series of four videos which care partners can watch at their own pace and in their own time. The focus is on communication changes and strategies, understanding responsive behaviour and supporting daily activities.

Video links and workbook will be emailed to care partners the week prior.

The zoom meetings are an opportunity to discuss the content from the videos, ask questions and connect with other care partners.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesdays	March 5 & 19	7—8pm	Kelly Luisotto 705-722-1066 ext. 226

EDUCATION PROGRAMS For Care Partners

Options for Care

Options for Care consists of three stand-alone courses. They are:

1. Help in the home: Creating a plan for support.
2. Considering residential care options: Retirement and Long-Term Care Homes – Joining this session are two experts from Home and Community Care Support Services – Jennifer Houston, Manager of Patient Services, and Terri Beck, Placement Coordinator.
3. Moving to Long-Term Care: Before, during and after.

Note: Week 2 previously called “Navigating the Long-Term Care Journey” - same details will be provided.

Format	Location	Day	Date	Time	Contact to Register
Online		Wednesdays	March 6— 20	10am—12pm	Maryse Raymond 705-722-1066 ext. 229

U-First! For Care Partners

This 3-part program is for care partners who are providing direct support to someone experiencing behaviour changes as a result of dementia. This program is designed to help you to:

- Enhance well-being.
- Reduce responsive behaviours by using the U-First!® framework.
- Improve collaboration among all team members through a common knowledge, language and approach to care.

Format	Location	Day	Date	Time	Contact to Register
Online		Wednesdays	March 13—27	1—3pm	Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS For Care Partners

Ambiguous Loss & Grief

The issue of loss and grief is one of the most significant underlying issues that care partners experience when supporting people living with dementia. This workshop is designed to help care partners identify and work through the losses and grieving that occurs in different ways at all stages in the dementia caregiving journey.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesday	January 30	1—3pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	Wasaga Beach United Church 380 Zoo Park Rd	Thursday	February 15	10am— 12pm	Maryse Raymond 705-722-1066 ext. 229



“My way of dealing with the disease is looking at the cup half full rather than half empty. I look at what my mother can do, instead of what she can’t do. I focus on the skills she still has and accept whatever she is able to do.”

- Care Partner



EDUCATION PROGRAMS

For Care Partners & General Public

Finding Your Way/Dementia Friendly Community

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. It will include how to engage and communicate with someone living with dementia as well as how to support a person living with dementia who is lost or confused.

Format	Location	Day	Date	Time	Contact to Register
Online		Thursday	January 25	1:30—3pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	Wasaga Beach United Church 380 Zoo Park Rd	Thursday	February 22	10— 11:30am	Maryse Raymond 705-722-1066 ext. 229

8As of Dementia

This is a 4-week series that will go over the 8As of dementia and what they entail.

Week 1 - Amnesia & Agnosia

Week 2 - Anosognosia & Apraxia

Week 3 - Altered Perception & Attention Deficit

Week 4 - Aphasia & Apathy

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesdays	February 6— 27	6:30—8pm	Maryse Raymond 705-722-1066 ext. 229

3Ds—Delirium, Depression, Dementia

Learn about the 3 D's - Delirium, Depression and Dementia and how you can support the person you are caring for when they are experiencing any of these conditions.

Format	Location	Day	Date	Time	Contact to Register
Online		Thursday	March 28	10am—12pm	Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS For the General Public

Welcome to ASSC 101

A presentation that provides general knowledge and awareness of a variety of related dementias, communication tips as well as the services and programs offered at your local Alzheimer Society.

Format	Location	Day	Date	Time	Contact to Register
Online		Monday	February 5	1—3pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	ASSC Barrie 20 Anne St S	Tuesday	March 5	10am— 12pm	Kelly Luvisotto 705-722-1066 ext. 226

What's it like to live with dementia?

"I just keep going on. I don't hide my diagnosis; I share with people what I am living with. It's just that the wires are crossed so I might do things differently. I like to be involved and participate in making decisions but it is easier for me to keep up with what is going on if it is slowed down. Then I can more easily participate."

- Lynn



Please join The Alzheimer Society of Muskoka
online for the moving performance

I'm Still Here! Video Vignettes

Tuesday, January 16, 2024 from 7:00-8:30 pm on Zoom



I'm Still Here is a research-based drama that follows the lives of four people touched by Alzheimer's disease. The video vignettes brings out the profound effects of the disease not only on those living with dementia but also on their friends and families. While *I'm Still Here* is moving and emotional at times, it also offers an understanding of what those living with this progressive and misunderstood disease go through. Weaving real-life stories with research, *I'm Still Here* diminishes the fears and stigma that often surrounds dementia.

Pre-register before January 12th by following this link or the QR code below.

https://alzheimersociety.zoom.us/webinar/register/WN_wPhaDST7RVSULsiZAFZvUA



For any questions regarding "I'm Still Here," please email admin@alzheimermuskoka.ca or call the Alzheimer Society of Muskoka – at 705 645-5621

Alzheimer Society
M U S K O K A

Living Safely in the Community



Learn more about how to live safely while being active in your community. The **Finding Your Way**® program provides information about why people with dementia get lost or go missing, how the risk of missing incidents can be reduced, and what to do if someone does go missing. Review the Finding Your Way® *Living Safely with Dementia Resource Guide*, available in hard copies from our office or online. Free on-line courses also available.

www.findingyourwayontario.ca

The **MedicAlert**® program is a nationwide program that provides emergency and critical health information for registered participants who wear a specially engraved identification bracelet. An emergency 24 hour hotline is staffed by medically trained specialists who communicate with police and emergency responders. An annual fee applies.

www.medicalert.ca

Vulnerable Persons Registries are voluntary registries that provide police with up-to-date emergency contact information, detailed physical descriptions, known routines and any special needs of the registered individual. This information is only available to police in an emergency. Barrie and South Simcoe Polices Departments maintain their own registries.

South Simcoe Police:

www.vulnerablepersonsregister.ca

Barrie Police:

<https://www.barriepolice.ca/vulnerable-person-registry-vpr/>

Project LifeSaver® **Simcoe** is a program that uses FM radio signals to locate missing individuals. Currently this program is available within the City of Barrie and the South Simcoe region. A start-up and annual fee applies.

www.projectlifesaversimcoe.ca

Dementia Friendly Communities

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included and supported. It's an environment where they will feel more confident in their abilities to contribute to community life, will be included in conversations, and have a choice and control over their day-to-day lives. It is a community that pays attention to the social and physical needs of the person living with dementia.



Everyone – local governments, the professional sector, community groups and the general public – can work towards becoming more dementia friendly.

Interested in booking a Dementia Friendly Community session or learning more? Contact Maryse Raymond, Education Coordinator, at mraymond@alzheimersociety.ca or by calling **705-722-1066 ext. 229**

You can also visit the website for more information: <https://alzheimer.ca/on/en/take-action/become-dementia-friendly/dementia-friendly-communities-ontario>



Technical Support

ACCESSING OUR ONLINE PROGRAMS AND SERVICES

The online platform we use for all our Education, Support and Social Recreation programs is called Zoom. Zoom is an application that allows users to make free video calls with individuals or groups of people.

All that is required to use Zoom is:

- a laptop, tablet or smartphone
- a connection to the internet
- an email address



Once you register for a program, a staff member will send you an email with a link to the session. When it is time for the program to begin, click the link and the session will open up.

We know it can be overwhelming to try something new and perhaps out of your comfort zone. That's why our staff team will help walk you through this process by sharing tip sheets and providing 1:1 support to help you get started!

We have taken safeguards to protect these sessions for registered participants only. Please contact our staff team if you have any questions.

Support Services



We provide free dementia support to anyone impacted by any type of dementia, whether you are a person living with dementia or their family member, friend, or care partner.

Our Support Services Team are go-to persons for families after a dementia diagnosis and can help with identifying needs, navigating services and assisting with care planning throughout the dementia journey.

Our Supportive Counselling and Navigation services are offered over the phone, by email, video conference and in-person visits by appointment. In-person visits may be conducted at our Barrie & Orillia office locations or in a person's home.

Supportive Counselling

Our team of Family Support Coordinators provide safe, confidential counselling where you can talk about your experience, gain insight and practical coping strategies to help you manage circumstances and build resiliency. Staff can help you plan for the future and get connected to other local services.

First Link[®] Care Navigation

Get the assistance you need connecting to various dementia support and services. Our highly experienced First Link Care Navigator can help get you started, create a support plan and link you with dementia supports in the community.



To access our supportive counselling or navigation services, please contact our office at 705-722-1066 to begin the intake process.



Support Services

Enhancing Care for Care Partners Program

TEACH

(TEACH — Training, Education and Assistance for Caregiving at Home)

TEACH is a 4-week interactive group program for care partners, delivered in partnership with the Sinai Health System Reitman Centre.

- Focuses on common caregiving themes including:
 - Self-care
 - Healthcare System Navigation
 - Relationship Changes
 - Future Planning
- Coaches care partners in practical communication and coping skills.
- Provides opportunity to share and learn from other care partners.

To register, contact Kelly Hutton, 705-722-1066 ext. 233 or khutton@alzheimersociety.ca

Format	Location	Day	Dates	Time
In-Person	ASSC Barrie 20 Anne St S	Wednesdays	January 10—31	10:30am— 12pm
In-Person	ASSC Orillia 25 Museum Dr	Tuesdays	February 6—27	2—3:30pm
Online		Tuesdays	March 5—26	6:30—8pm



Support Services

Enhancing Care for Care Partners Program

CARERS

(CARERS - Coaching, Advocacy, Respite, Education, Relationship, Simulation)

CARERS is an 8-week interactive and skills-based group program for care partners, delivered in partnership with the Sinai Health System Reitman Centre.

- Focuses on practical skills and emotional supports needed to care for people living with dementia.
- Teaches Problem Solving Techniques, a structured approach to address problems.
- Coaches care partners in communication skills through the use of Patient Simulation.
- Provides strategies for keeping a meaningful relationship with the person living with dementia.

To register, contact Kelly Hutton, 705-722-1066 ext. 233 or khutton@alzheimersociety.ca

Format	Location	Day	Dates	Time
Online		Thursdays	January 11— February 29	10am—12pm
In-Person	ASSC Barrie 20 Anne St S	Wednesdays	March 6—April 24	1:30—3:30pm

“I attended the 8-weeks CARERS program through the Alzheimer's Society, and I highly recommend the program. It presented problem solving techniques and demonstrated their use through role playing. Because of the small class size everyone had the chance to present their difficulties and learn ways of dealing with them ... It was just what I needed”

- Care Partner



Support Services

Care Partner Support Groups In-Person

These groups are for care partners of persons with dementia in early, middle and late stages regardless of their living arrangements.

Support groups are time-limited and run for a period of 3 months.

Registration is required.

Location	Day	Dates	Time	Contact to Register
Alliston St. John's United Church 56 Victoria St. E	3rd Monday	January 15 February 26 (4th Monday) March 18	10—11:30am	Sanju Hirji 705-722-1066 ext. 223
Barrie—ASSC 20 Anne St S	3rd Tuesday	January 16 February 20 March 19	10—11:30am	Melissa Martinson 705-722-1066 ext. 227
Bradford Elden Retirement Home 3131 8th Line	3rd Tuesday	January 16 February 20 March 19	10—11:30am	Sanju Hirji 705-722-1066 ext. 223
Orillia Leacock Care Centre 25 Museum Dr.	1st Wednesday	January 3 February 7 March 6	1—2:30pm	Susan Nagy 705-329-0909 ext. 3803
Orillia Leacock Care Centre 25 Museum Dr.	3rd Thursday	January 18 February 15 March 21	7—8:30pm	Susan Nagy 705-329-0909 ext. 3803
Penetanguishene Bayfield House 5 Beck Blvd	Last Wednesday	January 31 February 28 March 27	1—2:30pm	Alyssa Pereira 705-722-1066 ext. 234
Wasaga Beach United Church 380 Zoo Park Rd	1st Wednesday	January 3 February 1 March 6	10—11:30am	Dana Bessette 705-722-1066 ext. 225

Support Services

Care Partner Support Groups Online

These groups are for care partners of persons with dementia in early, middle and late stages regardless of their living arrangements.

Support groups are time-limited and run for a period of 3 months.

Registration is required.

Once registered, you will receive the Video Conferencing (Zoom) link to participate in the meeting.

Location	Day	Dates	Time	Contact to Register
	1st Tuesday	January 2 February 6 March 5	7—8:30pm	Melissa Martinson 705-722-1066 ext. 227
	2nd Wednesday	January 10 February 14 March 13	10—11:30am	Alyssa Pereira 705-722-1066 ext. 234

Care Partner support groups are designed to provide informal education and support to family/friend care partners. Support Groups provide an opportunity for care partners to meet and get to know others who are going through similar experiences, talk about their personal experience, and learn and share coping strategies.



Support Services

Long Term Care Support Group –Online

Starting January 2024, the Alzheimer Society of Simcoe County will be introducing an online support group for caregivers of people who are living with dementia and residing in long term care settings.



If you would like more information, please email: dbessette@alzheimersociety.ca

**Support groups are time-limited and run for a period of 3 months.
Registration is required.**

Once registered, you will receive the Video Conferencing (Zoom) link to participate in the meeting.

Location	Day	Dates	Time	Contact to Register
	2nd Thursday	January 11 February 8 March 14	10—11:30am	Dana Bessette, 705-722-1066 ext. 225



Social/Recreation Programs

Minds in Motion[®]

Minds in Motion[®] is an 8-week program that incorporates gentle & easy-to-follow physical activity with fun & social cognitive stimulation activities for people with early to mid-stage dementia, and their care partners.

Please note— registration is mandatory to attend sessions.

To register, contact Taryl Bougie, 705-722-1066 ext. 232 or mimsimcoe@alzheimersociety.ca

Format	Location	Day	Date	Time
In-Person	Barrie Allandale Community Centre 190 Bayview Dr	Tuesdays	January 16— March 5	1:30— 3:30pm
In-Person	Barrie Parkview Senior Centre 189 Blake St	Wednesdays	January 17— March 6	10:00am— 12:00pm
In-Person	Alliston The Gibson Centre 63 Tupper St W	Mondays	January 8— March 4	1—3pm
In-Person	Wasaga Beach United Church 380 Zoo Park Rd	Thursdays	January 18— March 7	10:00am— 12:00pm



Social/Recreation Programs

Creative Art Programs In partnership with local art galleries

A 6-week art program for people living with early stage dementia and their care partners. If attending an online session, art supplies will be delivered to registered participants ahead of the first class.

Please note— registration is mandatory to attend sessions.



Creative Spark—MacLaren Art Gallery—Barrie

April dates to be confirmed. If you're interested in participating, please call Taryl, to be placed on the interest list.

Creative Connections—Quest Art School & Gallery—Midland

Dates to be determined. If you're interested in participating, please call Taryl, to be placed on the interest list.

To register, contact Taryl Bougie, 705-722-1066 ext. 232 or mimsimcoe@alzheimersociety.ca



“We really enjoyed the facilitator’s positive energy each week. Watching everyone’s connections through art was very rewarding. The positive impact this class made extended beyond the hour class.”

Musical Memories

We are pleased to be partnering with Music Therapy Services of Simcoe County to provide a 6-week online music sessions, over Zoom, for those living with dementia and care partners.

To be added to the waitlist, contact Taryl Bougie, 705-722-1066 ext. 232 or mimsimcoe@alzheimersociety.ca



Format	Location	Day	Date	Time
Online		TBD	TBD	TBD



Social/Recreation Programs

Music Project

The Music Project provides a FREE music player and personalized music to improve the quality of life of those living with dementia. The music package includes:

- Sandisk device
- Over-the-ear headphones
- Personalized music playlist
- On-going technical support

If you or someone you know would benefit from the Music Project, please call our office at 705-722-1066 or fill out an online registration form with the person living with dementia.

www.musicproject.ca/apply



IN HOME RECREATION THERAPY

This program offers personal visits from a Therapeutic Recreation Specialist or trained volunteer, who will facilitate a variety of person-centered recreation and leisure-based activities, in the comfort of your own home. It consists of weekly visits for a duration of 12 weeks, providing social connection for the person living with dementia and brief respite for the care partner.



PROGRAM ELIGIBILITY

- Person must be diagnosed with dementia and living in their own home within Simcoe County.
- Person must be willing and able to participate in the recreation plan.

Acceptance into the program is based on a suitability assessment.

If interested, contact our office to be connected to an In-Home Recreation Coordinator for an assessment.
705-722-1066

SAVE THE DATE!!

26th WALK FOR ALZHEIMER'S

Sunday, May 26th, 2024

at the Simcoe County Museum

Save the date and join us for a fun-filled celebration featuring food, entertainment, vendors and more!

We are challenging Simcoe County residents to walk 11,500 steps during the month of May for the 11,500 people living with dementia in our region. Funds raised through the Walk will support the work of the Alzheimer Society of Simcoe County in providing programs and services to our clients throughout the region. These education and support programs are provided free of charge.

Start planning your walking team! More to come in early 2024! If you want to help volunteer for our walk, donate an auction item or sponsor part of the Walk, please email simcoecounty@alzheimersociety.ca



Volunteer with Us!

Alzheimer Society

SIMCOE COUNTY

You Are Invited To Join Our Team

Our volunteers are incredible members of our team across Simcoe County, helping improve the quality of life of persons living with Alzheimer's disease and other dementias, and their care partners.

Thinking about ways to give back in your community? Let's connect to explore options that meet your interests.



Explore a Volunteer Role with US



- Speaker's Bureau
- Office Administration
- Walk Committee
- Public Engagement - Event Booth
- In-Home Recreation
- Minds in Motion
- Project Lifesaver
- Advisory Table
- Board of Directors

Please reach out for more information about how we can match your interests and time with opportunities at the Alzheimer Society of Simcoe County.

For more information,
email: volunteer@alzheimersociety.ca OR call 705-722-1066 ext. 230

Volunteer with Us!

Alzheimer Society

SIMCOE COUNTY

Volunteer Support Needed

BONSPIEL FUNDRAISER

During Alzheimer's Awareness Month this January, we are hosting a bonspiel fundraiser with a lunch and guest speaker - Dr. Joe Baker, the Tanenbaum Chair in Sport Science, Data Modelling and Sport Analytics. If you are able to volunteer your time to support all or part of this event, please call Anita at 705-722-1066 ext. 230 or email volunteer@alzheimersociety.ca

Date: Friday Jan. 19th

Time: 8:00am-4:00 pm

Barrie Curling Club 175 Essa Rd.



Donations

Donating to the Alzheimer Society of Simcoe County is investing in the health and well-being of persons living with dementia in our community. We depend on the generosity of our donors for more than 40 per cent of our annual budget and your gift helps us to accelerate our mission to provide the best care & support to those living with dementia. All donations to the Alzheimer Society of Simcoe County stay in the Simcoe County to provide information, education, support and counselling services to affected individuals and their families and caregivers.

Memorial Donations

Honour the passing of a loved one or friend by making a donation in their memory. Donations can be made through a funeral home or directly to the Alzheimer Society of Simcoe County. The Society will send a note to the family informing them that a donation has been made by you in memory of their family member.

In Honour (Tribute) Donations

Donations can be made in honour of a birthday, wedding anniversary, retirement or any special occasion. A note will be sent to the individual informing them that a donation has been made in their honour.

Legacy Donations

The most common type of legacy gift is a charitable bequest in a person's Will. However, Canadians are realizing the benefits of giving gifts of registered assets, life insurance policies, annuities, and charitable remainder trusts. We can have a conversation with you and your advisers to determine if a legacy gift fits your desires, financial objectives, family needs, tax situation and our funding objectives. All discussions are confidential and will not obligate you to make a gift.

The Alzheimer Society of Simcoe County strongly recommends that you seek professional advice to ensure your financial goals are considered, your tax situation reviewed, and your legacy gift is tailored to your circumstances.

Donation Information

General donations can be a one-time event or part of your monthly giving plan. Donations can be made:

⇒ **Online** to donate today

<https://alzheimer.ca/simcoecounty/en>

⇒ **By Telephone** with a credit card.

Please call 705-722-1066 or 1-800-265-5391

⇒ **By Mail**

(cheques payable to the Alzheimer Society of Simcoe County)

20 Anne St. South, P.O. Box 1414, Barrie, ON L4M 5R4

⇒ **In Person**

(during regular office hours)

20 Anne St. South, Barrie, ON



Location & Contact Information



Alzheimer Society of Simcoe County

Main Office—Barrie

20 Anne Street South
Barrie, ON
L4N 2C6

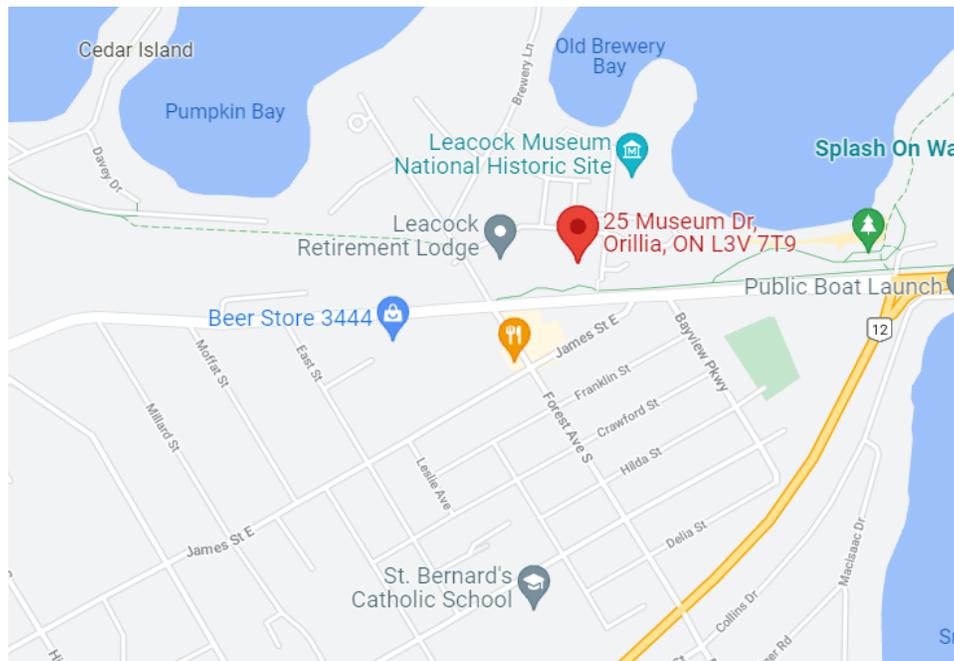


705-722-1066 OR 1-800-265-5391

www.alzheimer.ca/simcoecounty

Simcoecounty@alzheimersociety.ca

Location & Contact Information



Alzheimer Society of Simcoe County Satellite Office—Orillia

25 Museum Drive,
Suite 175
Orillia, ON
L3V 7T9



Open by appointment only.

705-329-0909

www.alzheimer.ca/simcoecounty

Simcoecounty@alzheimersociety.ca