

Virtual Visiting Activity Plan – Blank Template

Introduction and Welcome

Introduce yourself and why you are calling. Explain the purpose of the call and approximately how long it will take.

Talk about the weather and ask what type of weather or activities the PLWD enjoys.

Share a “Good News Gift”: (a positive, upbeat, or inspiring story or video clip to begin the visit).

Introduce and briefly discuss the theme and related activities you plan to share during the virtual visit.

Theme:

Activity 1

Length:

Name of activity:

Resources:

Instructions (Include possible adaptations and modifications needed based on PLWDs abilities):

Break between activities: Check in with the PLWD to see how they are doing and invite them to have a drink of their beverage. Invite the PLWD to join you in another activity if they are interested and if time allows. The PLWD may prefer to chat for the remainder of the session or end the visit early. Follow their lead.

Activity 2

Length:

Name of activity:

Resources:

Instructions (Include possible adaptations and modifications needed based on PLWDs abilities):

Conclusion

Thank PLWD for their participation. Ask if they have any questions.

Share that you enjoyed your time together and look forward to the next visit.

End the visit on a positive note by saying, “Visiting with you is the best part of my day. Thank you for chatting with me.” If the PLWD seems distressed about ending the visit, tell them you must tend to an important task. Say, “Look at the time. I had better go make lunch.” Avoid using the word, “goodbye” and finish instead with, “see you soon”.

Send an email reminder and Zoom invite two days prior to the next virtual visiting meeting.