

Alzheimer Society Peel Quarterly Winter 2019 Newsletter – ASP Quarterly

Photos pictured: **1)** Day program members unwrapping Santa to a Senior gifts from Home Instead Senior Care. **2)** ASP Staff at the 2019 Holiday Staff Party skating. **3)** One of our bartenders at our Taste of Peel fundraiser. **4)** Day program members in the photobooth at the holiday party. **5)** Dancing in the day program. **6)** Chris, Donna and Scotia Wealth Management presenting a donation. **7)** Aircraft Appliances & Equipment Ltd presenting a donation of funds raised by their staff.

Quote: To appreciate the beauty of a snowflake, it is necessary to stand out in the cold. Aristotle

Staff recommendation: Best places to skate in Peel is Gage Park (Karen).

TIS THE SPIRIT OF GIVING Home Instead Senior Care hosted their annual “Be A Santa To A Senior” campaign in November in partnership with Alzheimer Society Peel, Shoppers Home Health Care and the Mississauga Seniors Center. The program aims to provide gifts to seniors who may not otherwise receive gifts. It is much enjoyed by the members who get to write a gift request on a paper ornament where it is then collected and hung on trees where generous holiday shoppers can purchase items to make the gift-wishes come true. The gifts are then wrapped with the help of volunteers and distributed and opened with excitement.

WHY I GIVE by *Michael Manfredi*

Joyce and I started our journey with Alzheimer’s Disease 9 years ago when she was diagnosed with Early Onset Alzheimer’s. Shortly after her diagnosis, we reached out to the Alzheimer Society Peel. The Alzheimer Society Peel staff are professional, caring and compassionate. In the beginning, to better understand the disease we attended support groups, educational workshops and presentations. As the disease progressed, I attended sessions focusing on techniques for me to support my wife, and Joyce attended Day Program. Joyce has moved on to Long Term Care, but I still attend a monthly support group for caregivers, workshops on financial planning, and the caregiver retreat. I am truly grateful for the support that we received throughout our journey with Alzheimer’s. I contribute to the Alzheimer Society Peel to help ensure that the programs and services offered continue in Peel Region.

JOIN US FOR OUR fanbowl FUNDRAISER HAPPENING SATURDAY, APRIL 6, 2019. GET YOUR FRIENDS, FAMILY OR CO-WORKERS TOGETHER FOR A NIGHT OF FUN AND HELP US STRIKE OUT ALZHEIMER’S!

CONTACT R.ADOLPH@ALZHEIMERPEEL.COM OR CALL 905-278-3667 x208 TO GET YOUR PLEDGE FORMS AND START FUNDRAISING TODAY.

REGISTER YOUR TEAM TODAY!

LOOKING FOR CHOIR MEMBERS! Specially designed for People Living with Dementia and their Care Partners, Raising Voices brings generations together in song. After eight rehearsals, the Raising Voices choir performs at a local seniors residence, bringing the joy of music to a wider audience. For information please contact Ruth Watkiss at r.watkiss@alzheimerpeel.com or 905-278-3667 ext.353

Want a quick and easy way to contribute to ASP? Become a monthly donor! Contact Lisa at l.benedikt@alzheimerpeel.com or call 905-278-3667 x214

Upcoming Dates

Teen Education

Wednesday, February 6, 2019

6:30 – 7:30 p.m.

385 Brunel Rd. Mississauga

Getting Started - Brampton

Wednesday, February 13, 2019

7:00 – 8:30 p.m.

150 East Drive, Brampton

Family Day Closure

Monday, February 18, 2019

All offices and day programs are closed

(except for Nora's House)

Getting Started

Wednesday, February 20, 2019

1:30 – 3:00 p.m. Or 7:00 – 8:30 p.m.

385 Brunel Rd. Mississauga

Getting Started

Wednesday, March 20, 2019

1:30 – 3:00 p.m. Or 7:00 – 8:30 p.m.

60 Briarwood Ave, Mississauga

Long Term Care Planning

Wednesday, March 27, 2019

1:30-3:30 p.m. Or 6:30 – 8:30 p.m.

385 Brunel Road, Mississauga

Getting Started

Monday, April 15, 2019

7:00 – 8:30 p.m.

150 East Drive, Brampton

Getting Started

Wednesday, April 17, 2019

1:30 – 3:00 p.m. Or 7:00 – 8:30 p.m.

385 Brunel Rd. Mississauga

Email d.farrell@alzheimerpeel.com to register for

Education events

Questions, comments, suggestions for future content...or interested in signing up to get emailed our quarterly newsletter? Please email r.adolph@alzheimerpeel.com or call at 905-278-3667 x208

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