

Société **ALZHEIMER** *Society*

TIMMINS - PORCUPINE DISTRICT INC.

2013- 2014 ANNUAL REPORT

Presented at the Annual General Meeting - June 25th, 2014



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Executive Summary

The Alzheimer Society Timmins Porcupine District Inc. was founded by a group of family caregivers in 1988 under the leadership of Monica Bevil. It is a Non-Profit Corporation and registered charity governed by a board of directors who are elected by membership at the Annual General Meeting held once a year.

The Society is operated and managed by a team of 4 full time and 3 part time employees who are responsible for the design and implementation of family support, including behavioral specific, as well as education services.

The Society receives funding from the Ministry of Health distributed through our regional Local Health Integrated Network, or LHIN, community donations, fund development and memorials.

The Alzheimer Society Timmins Porcupine District Inc. supports research every year through the Alzheimer Society of Ontario.

The Alzheimer Society Timmins Porcupine District Inc., through its Federation with the Provincial and National Associations, maintains an active role in supporting the growth and development of the Alzheimer movement.

MISSION STATEMENT

THE ALZHEIMER SOCIETY OF TIMMINS PORCUPINE DISTRICT INC. EXISTS TO IMPROVE THE QUALITY OF LIFE OF THE PEOPLE WITH ALZHEIMER DISEASE AND OTHER DEMENTIAS AND THEIR CAREGIVERS.

We will accomplish this mission by:

- Promoting the rights and wellbeing of the person with Alzheimer’s Disease.
- Supporting the delivery of local support for the individuals affected by the disease and their caregivers.
- Providing information, education and training.
- Raising funds for research.
- Promoting changes in government legislation, policies, programs and procedures when required.

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Our Values

Respect -We will uphold respect for the dignity of every individual affected by Alzheimer’s disease and other dementias.

Integrity – We will demonstrate honesty, reliability, confidentiality and quality service with each client and interaction.

Compassion –We will maintain empathy and understanding for every individual affected by Alzheimer’s disease and other dementias.

Learning – We will support and encourage learning and educational opportunities and continue to enhance and share our current knowledge of Alzheimer’s disease and other dementias.

Partnership – We will promote collaboration within and outside our agency to ensure we are meeting the needs of the people we exist for.

Accountability – We will be accountable to our clients, members, funding, organizations and donors. Resources entrusted to us will support our mandate.

Support –We will assist those affected by Alzheimer’s disease and other dementias and all activity to this end will focus on the importance of person centered care and education.

Board of Directors

Debbie Cooper –President
Elizabeth O’Neil- Vice President
Tiffany Rock-Secretary
Alicia Crosby-Treasurer
Julie Bisson
Dr. Sonia DiTullio
Kevin Drynan
Jo Ann Jenkins
Mathieu Lambert Belanger

Staff

Tracy Koskamp-Bergeron –Interim Executive Director
Krista Duciaume –Behaviour Support Facilitator
Irene Chitaroni – Public Education Coordinator and
First Link Coordinator –Temiskaming
Lori Morgan – First Link Coordinator
Michael Joseph –Community Development and
Awareness Coordinator
Tracy Koskamp-Bergeron – Public Education
Coordinator
Nadia Govorova - Bookkeeper

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Dementia is not a specific disease. It's an overall term that describes a wide range of symptoms associated with a decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities.

One in ten Ontario seniors has dementia, that's approximately 200,000 of the province's older adults. In 2011, 747,000 Canadians were living with cognitive impairment, including dementia - that's 14.9 per cent of Canadians 65 and older. (ASO,2012)

By 2031, if nothing changes in Canada, this figure will increase to 1.4 million. Statistics for our region (North East Ontario) are even more alarming with an increase of 27% (from 9,710 to 12,320) over the same time period.

Caregiving is a critical issue for people living with dementia and for Canadians in general.

- One in five Canadians aged 45 and older provides some form of care to seniors living with long-term health problems.
- A quarter of all family caregivers are seniors themselves; a third of them (more than 200,000) are older than 75. (ASO,2012)

The physical and psychological toll on family caregivers is considerable; up to 75 per cent will develop psychological illnesses; 15 to 32 per cent experience depression. (ASO,2012)¹ The needs of people with dementia, as well as their caregivers, are becoming increasingly complex. With our aging society, there is an increase in chronic health conditions that become exacerbated in the presence of dementia. Lack of funding and a shortage of long-term care beds increase challenges facing our clients and underscore the need for support.

The Alzheimer Society Timmins -Porcupine Inc. is making every effort to ensure individuals in our area have support, education and resources on the subject of Alzheimer's disease and other dementias.

¹ Alzheimer Society of Ontario; www.alzheimer.ca/en/on/About-dementia/Dementias/What-is-dementia/Facts-about-dementia

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Though this past year has been one of transition and development we have continued to provide quality services. Some of these include:

- Over 860 presentations and information sessions reaching almost 10000 people throughout the Cochrane Temiskaming Districts., including health care providers, caregivers and general community members.
- Support provided in 8 communities.

The First Link program continues to be well received within the communities we serve and in its third year, Behaviour Supports Ontario (BSO) continues to receive referrals on a daily basis.

In order to maintain quality consistent services we supplement the funding receive from the Local Health Integrated Network (LHIN) with fundraising activities. In our 2013-2014 fiscal year we continued with our annual Duck Race and Las Vegas campaigns. We introduced our first Mud Factor which was held last July. We had over 200 participants and are planning the second event to be held July 19th, 2014. We have some new fundraising ideas planned for the upcoming year!

We continue to enhance relationships with community partners including other non-profit organizations, family health teams and other services. This allows us to work together for the common goal of addressing clients' needs and identifying how to better serve them. We are working with Alzheimer Society Ontario and their new Volunteer Mobilization Initiative; a program supports each local office with recruiting and training volunteers. We need volunteers to sustain our office and offer their support with program delivery. The direction provided by the ASO will facilitate our recruitment and maintenance of an active list of volunteers.

We have had a successful year with our reach to community members and clients and are looking forward to the upcoming year!