

Alzheimer Society

S A S K A T C H E W A N



Celebrating Success, Sharing Tips, and Inspiring Your Next Event!



Above: La Danse Studio - Solo & Duet Showcase 2023 in Support of the Alzheimer Society of Saskatchewan

We're thrilled to shine a spotlight on the incredible stories and successes from our amazing community of event hosts. Inside, you'll find an inspiring tale from one of our dedicated hosts, showcasing the power of **community and impact**. We also would like to take a moment to recognize and thank our top fundraisers—your efforts truly make a difference!

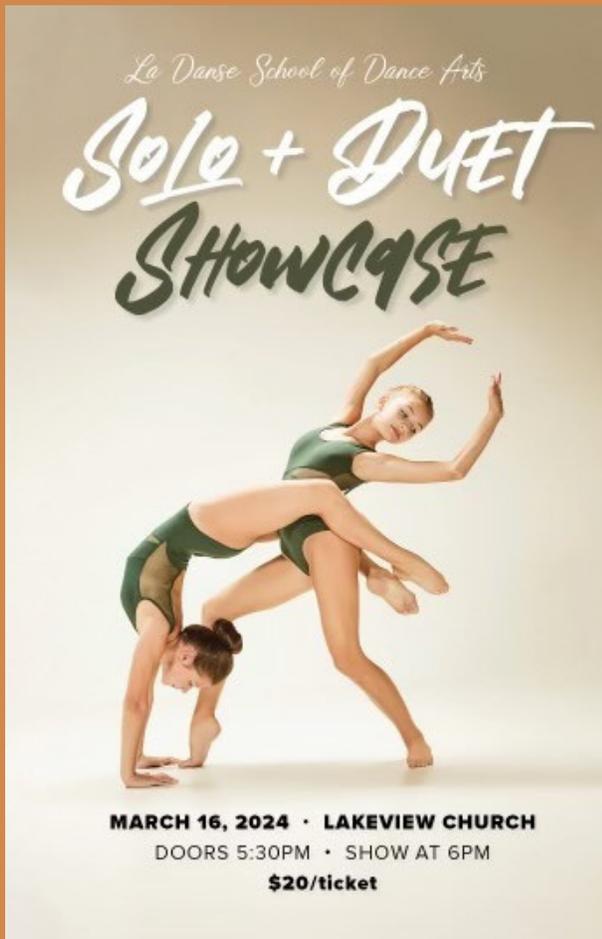
Whether you're a seasoned host or planning your first event, we've gathered some practical tips and creative ideas to help you elevate your next gathering. Let these stories inspire you, and know that you're part of a vibrant community working together to achieve remarkable things.

Contact us with your event idea today! 1-800-263-3367 or bquist@alzheimer.sk.ca

Dance Event

La Danse studio in Saskatoon hosted a dance showcase event in 2023 in support of the Alzheimer Society, inviting community members to attend and donate as well as offering free tickets to individuals and families affected by dementia.

Shannon Menon, Owner of La Danse and organizer of the 2024 Solo Showcase, shares her inspiration for becoming an Anything for Alzheimer's host:

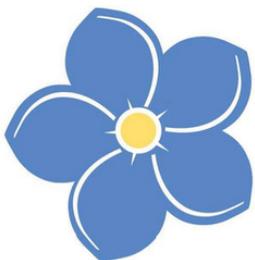


Dancers aged 9-18 performed solos and duets from genres like tap, jazz, ballet, hip-hop and lyrical with all proceeds donated to the Alzheimer Society of Saskatchewan

"It was important to us to support the Alzheimer's Society of Saskatchewan with our proceeds from the La Danse 2024 Solo Showcase to honour my mom.

My mother knew the importance of community and found it in the dance world and in other aspects of her life. By supporting the Alzheimer's Association we knew we were supporting a charity that prioritized community connections between people living with Alzheimer's and their families.

From experience it was community love and support that helped my family through my mother's diagnosis and ultimate passing. Providing tickets so those living with Alzheimer's and their families could come and enjoy a free night of arts entertainment and to be seen and feel supported by the greater community was the ultimate goal."



Whether at your place of work, worship or recreation, sell forget-me-not cut-outs for a donation. Have supporters sign the cut-outs and post them on a wall. Admire your field of forget-me-nots!

Thank you Santa Maria!

For an incredible 25 years, Santa Maria Senior Citizens Centre has been a strong supporter of the Alzheimer Society of Saskatchewan.

Through their annual fundraising events, they've brought residents and guests together to contribute to our programming, education, and research. We can't thank Santa Maria enough for their quarter of a century steadfast support.

Their dedication has raised vital funds and built a sense of community and care by asking for a donation with a coffee and baked good.

Thank you, Santa Maria! Your commitment has made a real difference in the lives of many individuals and families across Saskatchewan and we are so grateful to have you in our community of support!

Thank you to our Legacy Fundraisers for your years of support!

Celebrating 25 Years:

Santa Maria Senior Citizen Centre

Royal Canadian Legion #342

What Your Impact Means

Hosting your fundraising event makes an incredible difference! Your efforts along with many hosts across the province directly support our ability to provide essential education, resources, and research to the thousands of individuals, families and care partners affected by dementia in Saskatchewan.

In 2023 alone, event hosts raised nearly \$30,000 in support of the Alzheimer Society of Saskatchewan.

Every event, no matter the size, strengthens our community and brings us closer to achieving our vision and mission. You are an integral part of our community of support.



We expanded our reach and were able to provide information and support to around **3000 individuals within 330 communities in Saskatchewan.**



80% of clients are satisfied/very satisfied with information, education, and support services.



You ensure we remain as a vital resource for information, support, and educational resources for individuals living with dementia, their caregivers, families, and friends.

How to do “Anything!”

Every successful **Anything for Alzheimer’s** event begins with a simple idea, and we’re here to help make yours a reality! By hosting an event, you’re joining our **community of support**, making a lasting impact on the lives of individuals and families affected by dementia.

The Alzheimer Society of Saskatchewan is here to assist you with donations—whether in-person, online, or hybrid fundraisers. We can supply you a QR code linked to a donation page specific to your event that you can use in advance or at the day of your event to collect even more donations.



Here are some **TOP TIPS** for hosting an engaging event:

Make it Personal –

Share why the cause matters to you. By telling your story, you help others understand the real impact Alzheimer’s has on individuals and families.

Make it Fun & Social –

Successful events bring people together in a fun and interactive way. Engaged participants are more likely to donate and share with their networks!

Use Social Media–

Use social media to build excitement before, during, and after your event. Highlight the cause, showcase your progress, and celebrate every milestone.

**Interested in hosting an event?
Need any resources for your event?**

Contact Becky at the Alzheimer Society of Saskatchewan today! 1-800-263-3367 or bquist@alzheimer.sk.ca

Looking for Digital Recordings To Support Your Next Event?

Check out our [YouTube Page](#) for any additional resources not listed here.

Virtual ABC's of Dementia presentation

Offered by Zoom, this presentation will explain the 10 evidence-based warning signs of dementia and give you information on how to receive an accurate and timely diagnosis.

Virtual Risk Reduction presentation

Offered every 2nd month by Zoom, this presentation will give you the information to start thinking about your brain health and the changes you can make to your lifestyle to reduce your risk of dementia.

For upcoming presentation dates and information, check our [Programs and Events page](#):
<https://alzheimer.ca/sk/en/whats-happening/programs-events>

Lived Experiences

Dianne McLeod shares her lived experience as a care partner and caregiver with her husband Doug who lived with dementia. The presentation recording is available for viewing on our Youtube page:
<https://www.youtube.com/watch?v=FdlXezzUZzU>

Ida Ryhorchuk shares her story of lived experience with Vascular Dementia. By talking about the changes she experienced and the impact of her diagnosis, Ida's story emphasizes the importance of understanding, stigma reduction, and the supports of others to live well with dementia. The presentation recording is available for viewing on our Youtube page:
<https://www.youtube.com/watch?v=B9sD77ncmMM>

Evening of Education

The Alzheimer Society welcomed Dr. Megan Surkan to present at our annual 'Understanding Dementia' community event. The 1 hour presentation provided information about types of dementia, the warning signs, the diagnosis process, and the programs and services of the Alzheimer Society of Saskatchewan, with a question period following. The presentation recording is available for viewing on our Youtube page:
<https://www.youtube.com/watch?v=QvEG6bOrelg>

5 Communication Tips for Conversations with people living with dementia

Find the video on the Alzheimer Society of Canada website here:

<https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/communicating-people-living-dementia>

This information is also provided as a PDF resource:

https://alzheimer.ca/sites/default/files/documents/5-communication-tips_one-pager_Alzheimer-Society-Canada.pdf

Alzheimer Society

S A S K A T C H E W A N



I'm excited to host an event in 2024 and would like some supplies!

Simply complete this form by mail, email bquist@alzheimer.sk.ca or call us!

Contact first name: _____ Contact last name: _____

Host location/organization: _____

Address: _____

City: _____ Province: _____ Postal code: _____

Phone number: _____ Email address: _____

Event date: _____

Start time: _____ End Time: _____

Please create my Anything for Alzheimer's event using the provided event name that will have a link to a donation form for our attendees. Yes No

Please create and send me a QR code to use at our event, linked to the event donation page. Yes No

Event Name (will be used to create online donation form IF required): _____

Host kit – Please check the materials you would like in your kit:

1 host report form

Number of people expected: _____

5 balloons

20 forget-me-not paper flower cut outs

Extra supplies requested:

3-4 posters to fill out with

event info

1 coin box

2 donation forms to record your cash/cheque donations

Would also like an Alzheimer Society of Saskatchewan brochure bundle:

**Child-and teen-friendly information is also available on request.*

Yes No

Phone: 306-949-4141 Toll Free: 1-800-263-3367

Fax: 306-949-3069

Unlock Dementia Research

Nearly everyone in Saskatchewan knows someone who is living with or who has been impacted by dementia. Over the next 30 years, **the number of people living with dementia in Saskatchewan is expected to increase by 142%**.

As we proudly announce our Unlock Dementia Research Campaign, we invite you to consider hosting in support of research for your next event.

Research will unlock better care, better treatments, and, one day, a cure. **Our donors hold the key to unlocking important dementia research.**



Please visit our website:
www.unlockdementiaresearch.ca

I want to be the first PERSON to SURVIVE dementia.

Curt Koethler



Alzheimer Society
SASKATCHEWAN



The Alzheimer Society of Saskatchewan is accredited by Imagine Canada for excellence in non-profit accountability, transparency and governance.

This important designation provides assurance that we are a strong organization with robust practices in earning the trust of our community. The Standards Program Trustmark is a mark of Imagine Canada used under license by the Alzheimer Society of Saskatchewan.

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