

Société Alzheimer Society

COCHRANE-TEMISKAMING



Annual Report

2022-2023

Executive Summary



Behavioural Supports Ontario
Soutien en cas de troubles du comportement en Ontario



Funded in part by:

North East LHIN

Ontario 

 Government of Canada / Gouvernement du Canada
Canada 

Mission Statement

‘To alleviate the personal and social consequences of Alzheimer Disease and related dementia’s and to promote research.’

The Alzheimer Society Timmins Porcupine District Inc. was founded by a group of family caregivers in 1988 under the leadership of Monica Bevil. It is a Non-Profit Corporation and registered charity governed by a Board of Directors who are elected at the Annual General Meeting held once a year.

The Society is operated and managed by a team of 18 full time and 2-part time staff who are responsible for the design and implementation of family support, including behavioral specific, as well as education services in both official languages.

We will accomplish this mission by:

- * Promoting the rights and wellbeing of the person with Alzheimer’s disease.
- * Supporting the delivery of local support for the individuals affected by the disease and their caregivers.
- * Providing information, education and training.
- * Raising funds for research.
- * Promoting changes in government legislation, policies, programs and procedures when required.

The Society receives funding from the Ministry of Health distributed through our regional Ontario Health North East; community donations, fund development events and memorial donations.

The Alzheimer Society Timmins Porcupine District Inc. supports research every year through the Alzheimer Society of Ontario.

The Alzheimer Society Timmins Porcupine District Inc., through its Federation with the Provincial and National Associations, maintains an active role in supporting the growth and development of the Alzheimer movement.



T Koskamp-Bergeron

TRACY KOSKAMP-BERGERON
EXECUTIVE DIRECTOR

Vision Statement

‘A world without Alzheimer’s disease and related dementias.’

Values

RESPECT: We will uphold respect for the dignity of persons living with Alzheimer’s disease and other dementias.

INTEGRITY: We will demonstrate honesty, reliability, confidentiality and quality service with each client and interaction

COMPASSION: We will maintain empathy and understanding for all persons living with Alzheimer’s disease and related dementias.

LEARNING: We will support and encourage learning and educational opportunities and continue to enhance and share our knowledge of Alzheimer’s disease and related dementias.

PARTNERSHIP: We will promote collaboration within and outside of our agency to ensure we are meeting the needs of the people we serve.

ACCOUNTABILITY: We will be accountable to our clients, members, funding organizations and donors. Resources entrusted to us will be used to support our mandate.

SUPPORT: We will assist persons living with Alzheimer’s disease and related dementias and all activity to this end will focus on the importance of person-centred care and education.

Board of Directors

CHAIR: Shayne Duquette

Steve Morin

Claude Martel

Staff

- **Tracy Koskamp-Bergeron** - Executive Director
- **Caroline Carrière** - Timmins First Link Care Navigator / Education Coordinator
- **Sylvie Tremblay** - Adult Day Program Manager
- **Kaitlyn Belonoha** - Administration
- **Alyssa Gosselin**- Temiskaming First Link Care Navigator/ Education Coordinator
- **Stephanie Grandmont** - North Cochrane First Link Care Navigator
- **Kelly Clusiau**- MICS First Link Care Navigator
- **Julie Thibodeau**- Behaviour Support Facilitator
- **Shannon Lamoureux**- Transitional Support Worker
- **Kiersten Abraham**- Transitional Support Worker
- **Roxanne Miller**- Social Recreation Coordinator
- **Erin Bondarenko**-Public Education Coordinator
- **Lynne Belonoha** - Bookkeeper
- **Catherine Duguay**- Program Assistant
- **ADULT DAY PROGRAM**
 - Michelle Lachance
 - Kim Linteau
 - Lisa Thiffeault
 - Tracey Stevens
 - Ann Marie Turgeon
 - Tracey Richards

Dementia by the numbers

The urgency

- Over 600,000 The number of Canadians living with dementia today
- Over 1.7 million Canadians could be living with dementia in 2050
- Women are more likely to have a diagnosis of dementia. Of the people living with dementia in 2020, just over 61% were women.

The costs

- Currently, 75% of total home care hours are being met by unpaid care partners.
- In 2023 there are over 175,000 unpaid care partners supporting someone living with dementia across Ontario. Collectively, these care partners contribute 4,855,500 hours of unpaid care every week—equivalent to nearly 140,000 full-time jobs.
- By 2050, it is estimated that there will be 444,400 dementia care partners in Ontario who are projected to provide nearly 645 million hours of care per year.
- Unpaid care partners save health care systems across Canada an estimated \$25 billion annually in direct care. In 2020, there were an estimated 350,000 unpaid care partners for people living with dementia in Canada who provided 470 million hours of care. This number is equivalent to 235,000 full time jobs. In dollars, the care provided by these unpaid care partners translates into more than \$7.3 billion in health system savings.

The stigma

- 56% of Canadians are concerned about being affected by Alzheimer's disease.^{4,7}
- 46% of Canadians admit they would feel ashamed or embarrassed if that they had dementia.⁴
- 87% of caregivers wish that more people understood the realities of caring for someone with dementia.⁴

The progress

- More than \$64 million invested to date in research through the Alzheimer Society Research Program.
- 37,000+ Canadians participated in the 2019 IG Wealth Management Walk for Alzheimer's, raising a record \$6.2 million that will fund programs and services for people living with dementia across Canada.



Cochrane District

Cochrane District is a district and census division in Northeastern Ontario in the Canadian province of Ontario. It was created in 1921 from parts of Timiskaming and Thunder Bay districts. In 2016, the population was 79,682. [Wikipedia](#)

Area: 141,247 km²
Population: 79,682 (2016)



Timiskaming District

Timiskaming is a district and census division in Northeastern Ontario in the Canadian province of Ontario. The district was created in 1912 from parts of Algoma, Nipissing, and Sudbury districts. In 1921, Cochrane District was created from parts of this district and parts of Thunder Bay District. [Wikipedia](#)

Area: 13,300 km²
Population: 32,251 (2016)

Dementia Projections

**Hopkins report June 2010*

Cochrane District Current State 2023*

Population over 65 years 17780
 Dementia cases 1551

Projected 2035

Population over 65 years 21910
 Dementia cases 2342

Timiskaming District Current State 2023*

Population over 65 years 8910
 Dementia cases 770

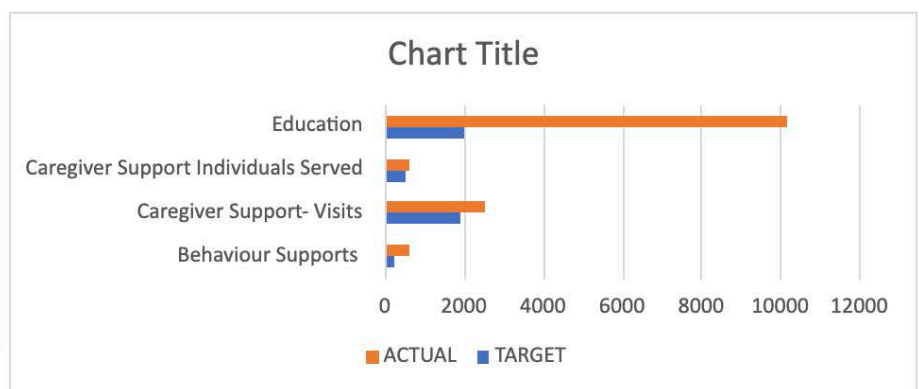
Projected 2035

Population over 65 years 10370
 Dementia cases 1123

Units of service in our catchment area for each program

Fiscal Year 2022-2023

STATS	TARGET	ACTUAL
Behaviour Supports	225	609
Caregiver Support-Visits	1900	2515
Caregiver Support Individuals Served	538	633
Education	2000	10162

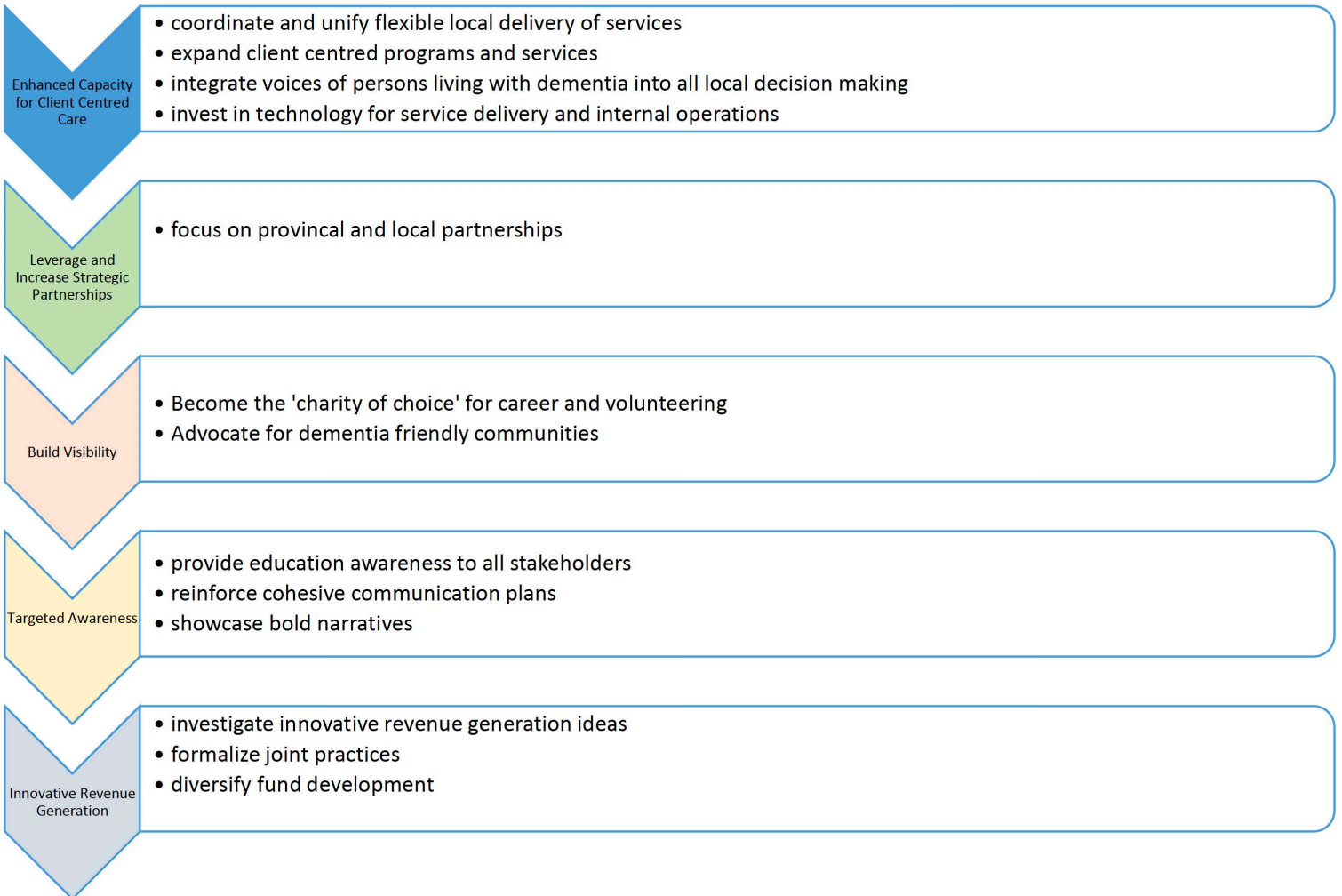


STRATEGIC PLANNING

This past year we completed and approved a new 5 year strategic plan with through a coordinated effort along with our federation partners in the province.

The coordinated plan highlights both local and provincial initiatives to improve our outreach as a collective group as well as to enhance local partnerships in our regions.

Strategic Directions 2022-2027



2022-2023 was another very challenging year ... with more success than the prior year.

While we went back to an in-person walk this year, the numbers increased in a row we were affected by a pandemic we were able to increase our walk significantly and included a few walkers from Kapuskasing!

Event Statistics **KapusKasing**

Total Participants		Total Teams		Total Registration Fees	
2	32	0	5	\$0.00	\$0.00
Current Event	Previous Event	Current Event	Previous Event	Current Event	Previous Event
Total Donations					
\$69.00		\$12,175.00			
Current Event		Previous Event			

Event Statistics **Timmins**

Total Participants		Total Teams		Total Registration Fees	
37	32	6	5	\$0.00	\$0.00
Current Event	Previous Event	Current Event	Previous Event	Current Event	Previous Event
Total Donations					
\$5,002.00		\$12,175.00			
Current Event		Previous Event			

Société Alzheimer Society

DUCK RACE
GET YOUR TICKETS TODAY!

**\$5 EACH OR
5 FOR \$20**

License # MB12283

\$300

\$700

\$1500

TICKETS ON SALE NOW!

follow us on Facebook for store locations

DUCK RACE RAFFLE
\$5.00 First Prize: \$ 1500.00
Second Prize: \$ 700.00
Third Prize: \$ 300.00
5 for \$20!

Date: June 4, 2022 - Duck Drop at 4pm

Location: PARTICIPARK, 500 Howard St., Timmins

Lottery License #: MB12283

Saturday June 4, 2022 at 4pm
Location: PARTICIPARK Timmins
Contact us at 705-268-4554

We held our annual duck race and started a partnership with the two other Northeastern Societies for a 50/50 Raffle!

**JUST ANNOUNCED!
GRANDE NOUVELLE!**

North Eastern Ontario Monthly 50/50

TICKETS ON SALE December 31, 2022
FIRST DRAW January 24, 2023

Nord-Est de l'Ontario MENSUEL 50/50

LES BILLETTS SERONT MIS EN VENTE **31 décembre 2022**
PREMIER TIRAGE **24 janvier 2023**

Société Alzheimer Society
COCHRANE-TEMISKAMING
SAULT STE. MARIE & ALGOMIA DISTRICT
SEBURY-MANITOULIN NORTH BAY & DISTRICTS

Supported by Ontario Trillium Foundation / Fondation Trillium de l'Ontario

Despite the pandemic we still received support from the Timmins Charity Bingo Association in the amount of \$28115!!!

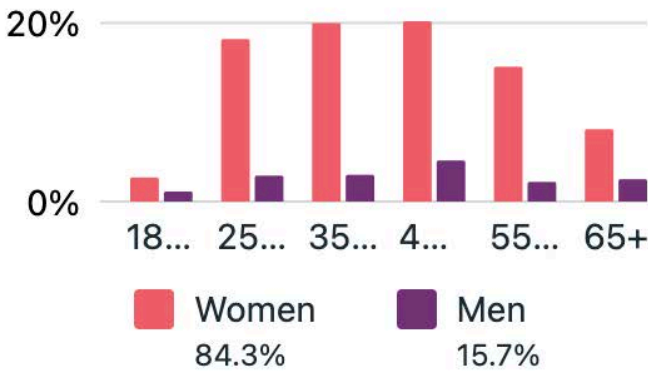
07 **EVENTS & DONATIONS RAISED OVER \$11000.00!**

Social Media Connections and Website Analytics

Facebook Page followers ⓘ

1,421 Plus 350 people on our other site pages=1721!

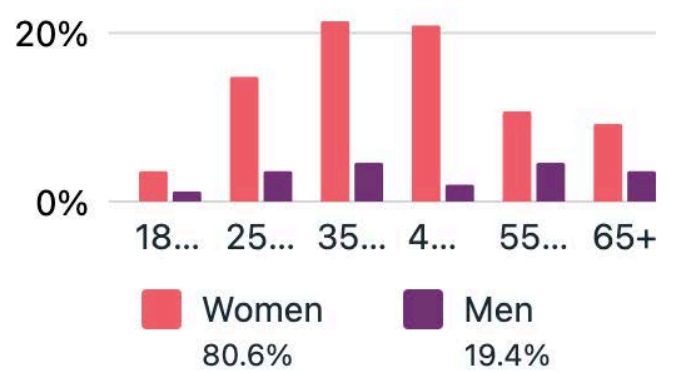
Age & gender ⓘ



Instagram followers ⓘ

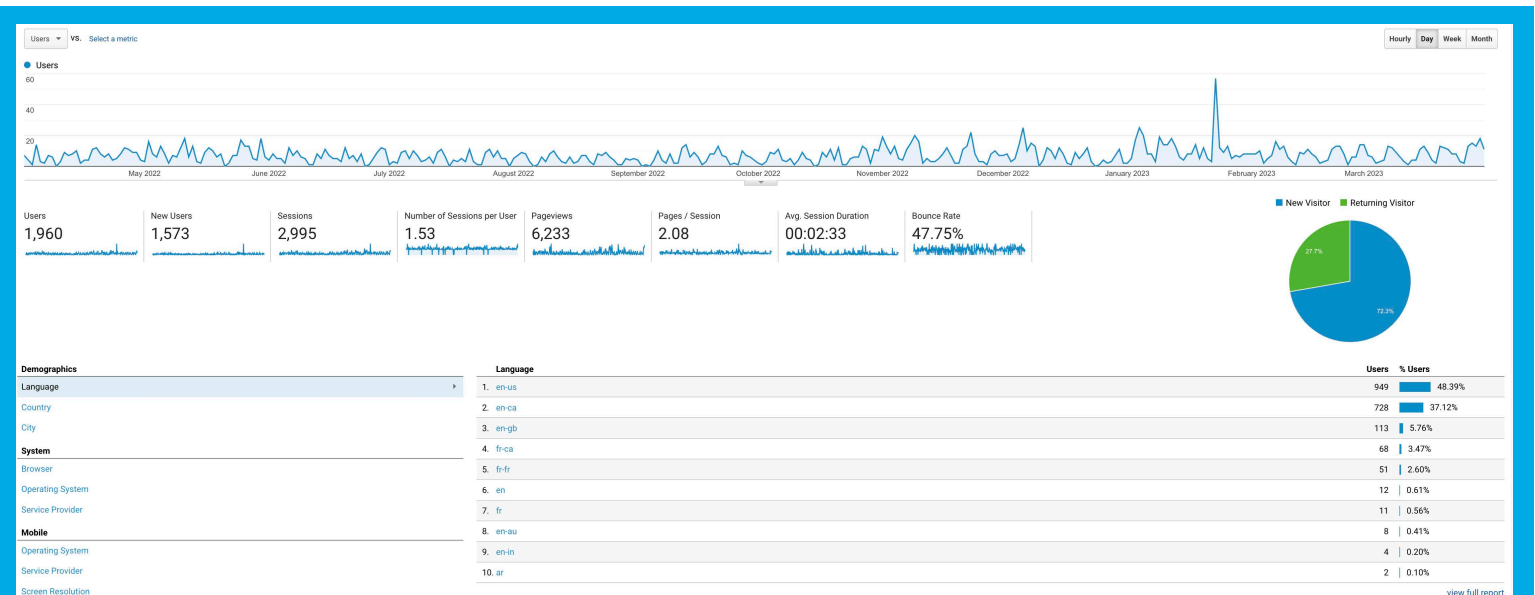
294

Age & gender ⓘ



2022-2023-484 Followers

WEBSITE TRAFFIC



65% users are women aged 18-54 yrs

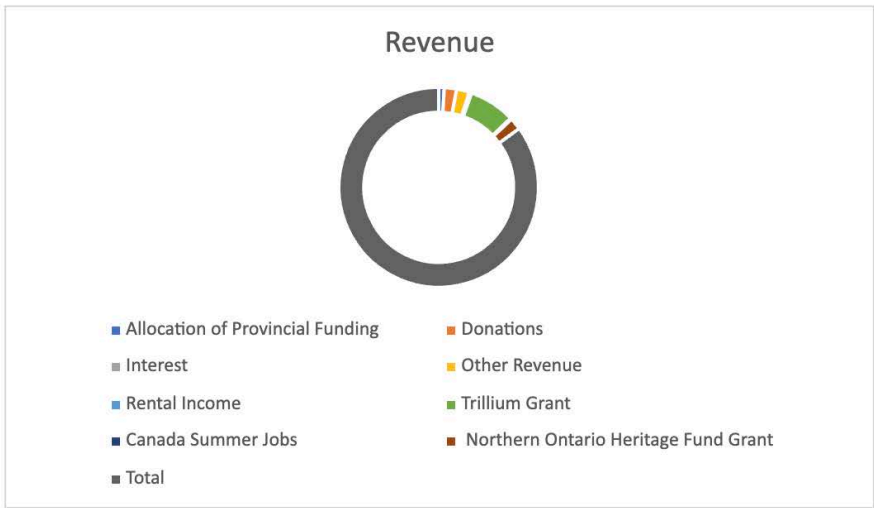
Notes from the Executive Director

WHAT A YEAR!! We have grown our programs by opening the Adult Day Services in the Matheson, Iroquois Falls and Cochrane area and we increased our Behaviour Support team in Temiskaming Shores! As the years pass and the need increases we are honoured to be part of the journey for our clients. The team feels a sense of accomplishment in the successes experienced by our families and we know that we have contributed towards a healthier community.

The corona-virus (Covid-19) is still present and continues to impede face to face services and community based programs in our region. Virtual service delivery has been maintained over the past year with virtual social recreation activities planned and implemented- thanks in part to Michael and Catherine Booth and the Alzheimer Society of Ontario.

FINANCIAL LAYOUT

REVENUE	
Ontario Health	\$1,262,468.00
Allocation of Provincial Funding	\$ 16,111.00
Donations	\$ 35,872.00
Interest	\$ 103.00
Other Revenue	\$ 37,741.00
Rental Income	\$ 6,719.00
Trillium Grant	\$ 135,000.00
Canada Summer Jobs	\$ 3,877.00
Northern Ontario Heritage Fund Grant	\$ 34,598.00
Total	\$1,532,489.00



EXPENSES	
Advertising	\$ 4,810.00
Bank Fees	\$ 957.00
Capital Expenses	\$ 15,962.00
Insurance	\$ 5,588.00
Meals	\$ 10,798.00
Office	\$ 97,355.00
One time Funding Kits	\$ 128,476.00
Professional Fees	\$ 15,803.00
Rent	\$ 85,329.00
Salaries and Benefits	\$ 956,152.00
Specialized Programs	\$ 1,468.00
Supplies	\$ 53,826.00
Support	\$ 627.00
Telecommunications	\$ 18,090.00
Training	\$ 7,912.00
Travel	\$ 26,383.00
Total	\$1,429,536.00



DONATE TODAY

www.alzheimer.ca/timmins

ALZHEIMER SOCIETY COCHRANE-TEMISKAMING
SOCIÉTÉ ALZHEIMER COCHRANE-TEMISKAMING
38 Pine St S Suite 107 , TIMMINS, ON P4N 6K6
Timmins TEL: 705-268-4554 FAX: 705-360-4492 Toll Free: 1-844-288-4554

SATELLITE OFFICES;
Temiskaming Education: 705-647-2379
Temiskaming First Link: 705-679-4038
Hearst/Kapuskasing First Link: 705-332-2504
www.alzheimer.ca/timmins

Follow us:



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